

Framework for the Specialist Trans and Gender Diverse Health Service for People Under 25 Years

Summary The Framework provides guidance to NSW Local Health Districts (LHDs) and Specialty Health Networks (SHNs) on how evidence-based trans and gender diverse health care will be delivered through the Specialist Trans and Gender Diverse Health Service (the TGD Health Service).

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Audience All Staff of NSW Health

Framework for the Specialist Trans and Gender Diverse Health Service for People Under 25 Years

PURPOSE

This Information Bulletin is to advise that the [Framework for the Specialist Trans and Gender Diverse Health Service](#) (the Framework) has been released. The Framework outlines the key principles and minimum care requirements, roles and responsibilities of key stakeholders and support available to facilitate delivery of the Specialist Trans and Gender Diverse Health Service (TGD Health Service).

KEY INFORMATION

The [Framework](#) provides guidance to NSW Local Health Districts (LHDs) and Speciality Health Networks (SHNs) on how evidence-based trans and gender diverse health care will be delivered through the Specialist Trans and Gender Diverse Health Service (the TGD Health Service). The Framework will guide treatment and care decisions by NSW Health clinicians, private clinicians, General Practitioners (GPs), non-government organisations (NGOs), trans and gender diverse people under 25 years and their families and carers.

The TGD Health Service is comprised of a Statewide Coordinator and two Specialist Hubs - one based in Newcastle supporting rural and regional areas and the second based in Sydney supporting metropolitan areas. Each Hub is expected to deliver the minimum requirements of the Framework within their geographic area. The scope of the Hubs is limited to specialist trans and gender diverse health care and will rely on a networked approach with existing support services to provide holistic care for young people and their families and carers.

The Framework is informed by:

- consultations with public and private clinicians, trans and gender diverse young people, families and carers, NGOs, GPs and Primary Health Networks,
- an evidence check by Sax Institute and,
- mapping of current health service provision.

The Framework also aligns with priorities of the [NSW LGBTIQ+ Health Strategy 2022-2027](#).

The document should be considered alongside existing clinical guidance and medico-legal advice. The Framework will inform the development of future Clinical Guidelines for the TGD Health Service, which will provide further detail on how services are delivered.