

Aboriginal Ear Health Program Guidelines

Summary Suggested strategies to address otitis media prevalence amongst Aboriginal children in NSW, their parents, carers and wider community.

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Audience Directors Aboriginal Health;Population Health;Planning & Performance;Otitis Media Coordinators

Guideline



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NSW ABORIGINAL EAR HEALTH PROGRAM GUIDELINES

PURPOSE

The purpose of this document is to provide Local Health Districts with a range of suggested strategies developed by the NSW Otitis Media Expert Advisory Committee to:

Reduce the number of young Aboriginal children being adversely affected by otitis media by reducing lifestyle risk factors amongst parents, carers and their extended families.

Improve the level of awareness about otitis media amongst the Aboriginal community, health and education professionals, thereby supporting a preventive approach and improved early identification.

Improve the effectives of services which lessen the impacts of otitis media on health and learning outcomes.

KEY PRINCIPLES

The primary aim of the attached guidelines are to encourage Local Health Districts to move away from, screening-only approaches, which have been found to be ineffective at reducing prevalence rates and to instead focus on prevention using a broad public health approach.

Effective primary prevention strategies outlined in the attached NSW Aboriginal Ear Health Program Guidelines include improving nutrition and the home environment, increasing breastfeeding and reducing passive smoking.

USE OF THE GUIDELINE

Local Health Districts developing local and regional responses addressing otitis media are asked to consider the directions and suggested strategies contained herein which place priority on prevention through a broad public health approach incorporating existing child health surveillance and health care programs (rather than universal-style screening).



REVISION HISTORY

| Version | Approved by | Amendment notes |
|---------------|------------------|-----------------|
| November 2011 | Director-General | New Guideline |
| (GL2011_013) | | |

ATTACHMENTS

1. NSW Aboriginal Ear Health Program Guidelines

NSW Aboriginal Ear Health Program

Guidelines 2011–2015



Guidelines

These Guidelines illustrate the fundamental directions and operation of the NSW Aboriginal Ear Health Program. It is expected that local and regional needs may vary the implementation of some of the suggested strategies, however the core goals and principles must be maintained.

Artwork

NSW Ministry of Health would like to acknowledge Adam Ingram of the Wiradjuri nation, whose artwork appears in this document. The painting reflects the artist's concept of strong families and communities; the hands bordering the painting represent the community encircling the family. The large hands at the centre of the painting holding a sphere represent mother earth holding the sun. The figures which appear above the sun represent the family and the green leaves and yellow fruits which appear below the sun represent the traditional fruits eaten by Aboriginal people.

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Acknowledgements

This work was prepared by the Centre for Aboriginal Health, NSW Ministry of Health with invaluable assistance provided by the NSW Otitis Media Expert Advisory Committee. The Centre would like to thank the committee members for their contribution of ideas, suggestions, strategies, critiques and ongoing support throughout the development of this paper.

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Key Terms and Abbreviations

| ACCHS | Aboriginal Community Controlled Health Service | DOH | Department of Health |
|-----------|--|---|--|
| | | ENT | Ear Nose and Throat |
| AECG | Aboriginal Education Consultative Group | ETS | Environmental Tobacco Smoke |
| AHMRC | Aboriginal Health and Medical | | |
| | Research Council | GP | General Practitioner |
| AHS | Area Health Service | GPNSW | General Practice NSW |
| AMIHS | Aboriginal Maternal Infant Health Strategy | HfH | Housing for Health |
| AHW | Aboriginal Health Worker | LHD | Local Health District |
| AOM | Aboriginal Otitis Media Coordinator | МОН | Ministry of Health |
| AH | Australian Hearing | NGO | Non-Government Organisation |
| ATSIECSAG | Aboriginal & Torres Strait Islander Early Childhood Sector Advisory Board | NITV | National Indigenous Television |
| | | NRT | Nicotine Replacement Therapy |
| Blue Book | Personal Health Record | RIDBC | Royal Institute for Deaf and Blind Children |
| CAH | Centre for Aboriginal Health | MDDC | Noyal institute for Dear and Sima Children |
| CCC | Catholic Education Commission | StEPS | Statewide Eyesight Pre-schooler Screening |
| CEC | Catholic Education Commission | SWISH | Statewide Infant Screening Hearing |
| AANSW | Department of Human Services | | |
| | /Aboriginal Affairs NSW | TAFE NSW | Technical and Further Education, NSW |
| DET | Department of Education and Training | | |
| | | | oses of this paper 'Aboriginal' refers to both |
| FACS | Department of Family and | - | d Torres Strait Islander people. The term |
| | Community Services NSW | - | s that Torres Strait Islanders are a separate |
| | | | Aboriginal people are the original inhabitants |
| | | of New South Wales. (Circular 2003/55). | |

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Foreword

The health and wellbeing of NSW's future generations of Aboriginal children is one of the most important issues facing us today.

Middle ear infection (otitis media) rates are much higher for Aboriginal children than non-Aboriginal children, which has the potential to limit their health and educational achievement.

The NSW Aboriginal Ear Health Program Guidelines have been put together by a passionate group of people from the community and government health and education sectors. The Guidelines provide NSW with an opportunity to tackle otitis media in a new way, targeting a range of risk factors which directly contribute to the higher rates of infection in Aboriginal children. The Guidelines provide practical broad public health strategies around prevention, awareness, early identification, treatment and support.

With the combined efforts of dedicated individuals and organisations, I am confident that we can make a difference.

Me Do Do

Dr Mary Foley

Director-General

Program Snapshot

Population

Aboriginal children in NSW, their parents, carers and wider community.

Results

- Reduce the number of young Aboriginal children being affected by otitis media (middle ear disease) by reducing lifestyle risk factors amongst parents, carers and their extended families.
- Improve the level of awareness about the disease amongst the Aboriginal community, health and education professionals, which supports a preventive approach and improved early identification.
- Improve the effectiveness of services which lessen the effects of otitis media on health and learning outcomes.

Experience

- Incidence of otitis media for Aboriginal children across Australia is high, however prevalence and severity varies greatly between communities.
- Limited information on the prevalence for Aboriginal children in NSW, much of the research focussed on Northern Territory and Western Australia.
- Data suggests that burden of otitis media for Aboriginal children in NSW may not be as high as reported for Northern Territory, however, in NSW, the burden appears to increase with increasing remoteness.

What Works

Existing evidence and primary care guidelines for the management of otitis media in Aboriginal and Torres Strait Islander people identifies effective primary prevention strategies of improving nutrition and the home environment, increasing breastfeeding, and reducing passive smoking. This is consistent with the recommendation of the Evaluation of the NSW Otitis Media Screening Program for 0-6 year old Aboriginal Children to focus on environmental health (healthy housing; overcrowding), smoking, nutrition (breastfeeding) and integration with existing surveillance and healthcare programs.

Evaluation

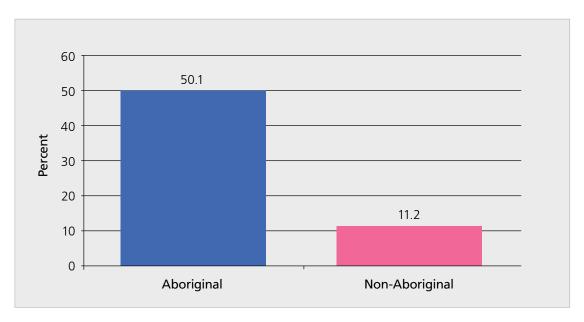
The formation of an Expert Advisory Group will assist the NSW Ministry of Health to decide the most appropriate form of evaluation type and methodology to be used. The evaluation will need to show if the Program is effective at reducing the prevalence of otitis media and/or ameliorating its affects.



Criteria

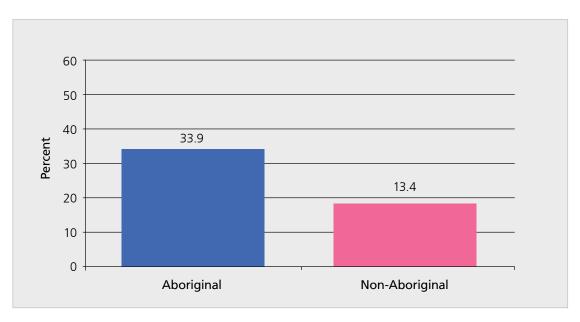
Population Health Measures

Smoking rates during pregnancy by Aboriginality



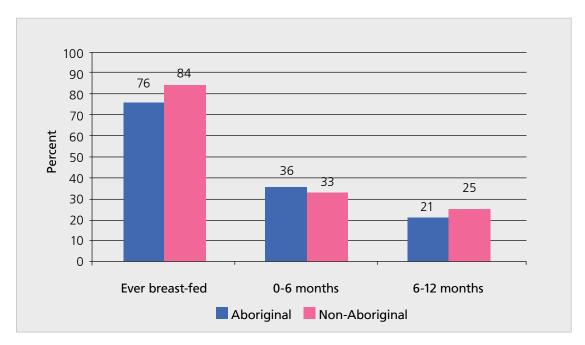
Source: NSW Public Health Bulletin Supplement, Vol21, (S1), June 2010 (NSW Mothers & Babies Report 2007 p78)

Community smoking rates by Aboriginality



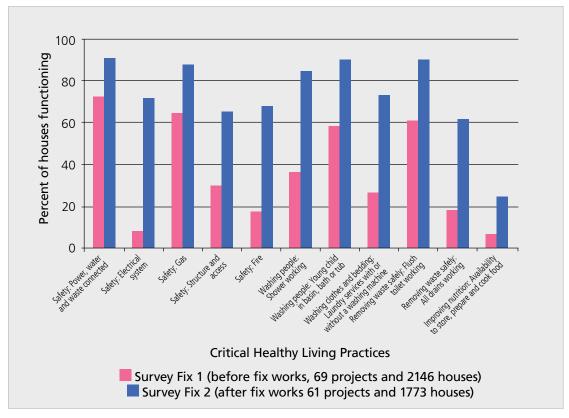
Source: 2006-2009 Report on Adult Aboriginal Health and NSW Population Health Survey 2009. Note: Prevalence rates are not age standardised and therefore age differences between Aboriginal and Non-Aboriginal will account for some of this difference.

Breastfeeding rates by Aboriginality



Source: www.aihw.gov.au/WorkArea/DownloadAsset.aspx?id=6442458689...

NSW Housing for Health projects 1999-2009

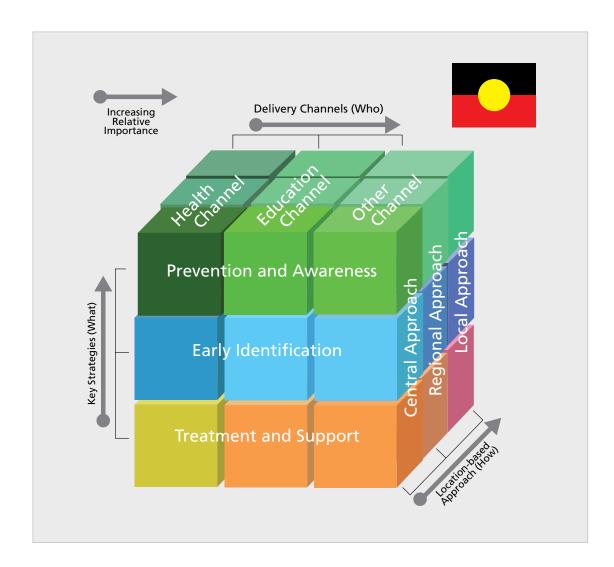


Source: NSW Health, Closing the Gap: 10 Years of Housing for Health in NSW, Jan 2010 P15.



Strategy & Action Plan:

- Key strategies (What?)
 - Prevention and Awareness
 - Early Identification
 - Treatment & Support
- Delivery channels (Who?)
 - Health
 - Education
 - Other
- Location-based approach (How?)
 - Central
 - Regional
 - Local



Introduction

Over recent years, the focus of the NSW Aboriginal Otitis Media Program was on near-universal screening for 0-6 year old Aboriginal children.

An extensive review of the Program in 2008 recommended the cessation of the near-universal screening approach and the return to a comprehensive public health approach. This approach encompasses existing child health surveillance strategies and a greater focus on health promotion activities designed to address the major risk factors for otitis media.

It has become increasingly clear that the near-universal screening approach, while diligently implemented by many dedicated individuals and organisations, is insufficient to realise meaningful improvements in health and educational outcomes for Aboriginal children.

The formation of the NSW Otitis Media Expert Advisory Committee in 2008/09 allowed key stakeholders to critically examine the program in light of the recommendations from the evaluation and to develop practical and effective solutions to realign resources and improve outcomes.

These guidelines for the NSW Aboriginal Ear Health Program provide an opportunity to reconsider the impact of ear health on Aboriginal children, their families and community and how it might best be addressed in the future.

Earlier Approaches

Operating between 2000 and 2004, the NSW Otitis Media Strategic Plan for Aboriginal Children was a comprehensive health and education plan for Aboriginal families and 0-12 year old Aboriginal children. It aimed to improve the health and education status of young Aboriginal children by improving the provision of health and education services to Aboriginal communities to prevent, manage and control otitis media.

Beginning in 2004/05, the NSW Otitis Media Screening Program for 0-6 year old Aboriginal Children was, as its name suggests, a narrowly focussed screening program aiming to identify young Aboriginal children with otitis media through whole-of-population based screening (near-universal screening).

It was an initiative selected for enhancement funding under the Aboriginal Affairs Plan: Two Ways Together for a defined four year period operating from 2004/05 to 2007/08.

The rationale for the program was that some younger Aboriginal children (aged less than 7 years) were not being provided with access to health services addressing otitis media as effectively as those in older age groups under the NSW Otitis Media Strategic Plan for Aboriginal Children.

One of the reasons for this was that as soon as children enter the school system, accessing them becomes much easier from a health worker's perspective. With the same amount of finite resources, it was far easier and more efficient to provide services to a group of children of primary school age than to locate and provide the same services for an equal number of younger children who had not yet entered the education system. Delivering ear health services to the youngest of Aboriginal children would be a much more resource intensive exercise, primarily because there was no common access point for this age cohort, unlike older children who attend school.

The NSW Otitis Media Screening Program for 0-6 year old Aboriginal Children sought to address this by specifically targeting the youngest of Aboriginal children. It also differed from the NSW Otitis Media Strategic Plan for Aboriginal Children in that it aimed solely to provide screening services and did not directly invest in dedicated prevention or health promotion activities.

It had ambitious escalating targets to screen from 50% up to 85% of 0-6 year old Aboriginal children in NSW which was achieved by the third year of the program. This was all the more remarkable when one considers that prior to 1 July 2004, there were perhaps less than twenty Aboriginal Health Workers who were qualified to perform community ear screening.

Evaluation and the Need for Change

A formal review of the NSW Otitis Media Screening Program for 0-6 year old Aboriginal Children was commissioned by NSW Health in 2008.

The review was undertaken by ARTD Consultants Pty Ltd using a post-hoc design drawing on the existing screening data and program documentation, together with input from stakeholders and those involved in delivering the program gathered through case studies and interviews.

The review final report found a number of positive outcomes including:

- increased identification of children with otitis media and hearing loss
- improved skill development of Aboriginal Health Workers
- increased awareness of the disease amongst Aboriginal communities
- enhanced relationships with schools, former Area Health Services and ACCHSs

Importantly the review also highlighted a number of significant issues including:

- difficulty in accessing the very youngest children
- limited scientific evidence to support the near-universal screening approach
- difficulty in demonstrating outcome data
- unsustainable long term training costs due to staff turnover
- universal screening did not address the underlying social and environmental factors contributing to otitis media in Aboriginal children

The review recommended that the existing near-universal screening approach be abandoned and a comprehensive public health approach be adopted.

NSW Health supported the review recommendations and released the final report to key stakeholders in October 2008.

It was agreed that a new approach would require action to be taken to genuinely improve otitis media prevention by:

- addressing environmental health risk factors
- reducing maternal ante-natal smoking
- increasing maternal post-natal breastfeeding
- improving safe and healthy housing conditions
- linking with existing child health surveillance programs and
- improving awareness and education amongst the Aboriginal community and human services professionals.

NSW Health formed the NSW Otitis Media Expert Advisory Committee in late 2008 to provide advice on implementation of the report recommendations and to assist in the development of performance indictors for a broad public health approach.

The recommendations to move away from the near-universal screening approach to a prevention and surveillance approach were further supported by the recent 'Rapid Evidence Summary' by the Menzies School of Health Research (Hopkins and Morris 2009) which found that:

"...treatment of children detected through repeated screening has been shown to provide no long term developmental or academic benefit..."



Goals

The overarching goals for the NSW Aboriginal Ear Health Program are to:



Reduce the number of young Aboriginal children being affected by otitis media by reducing lifestyle risk factors amongst parents, carers and their extended families.



Improve the level of awareness of ear health amongst the Aboriginal community, health and education professionals, thereby supporting a preventive approach and improved early identification.



Improve the effectiveness of services which lessen the impacts of otitis media on health and learning outcomes.

Principles

Implementation of the NSW Aboriginal Ear Health Program is supported by these principles:



Whole-of-life view of health



Self-determination



Working in partnership



Cultural understanding



Recognition of trauma and loss



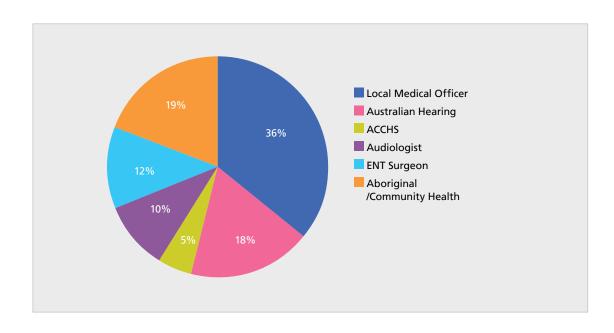
Burden of Otitis Media

The incidence of otitis media for Aboriginal children across Australia is high, however the prevalence and severity varies greatly between communities. There is very limited information on its prevalence among Aboriginal children in NSW, with much of the research focussed on the Northern Territory and Western Australia.

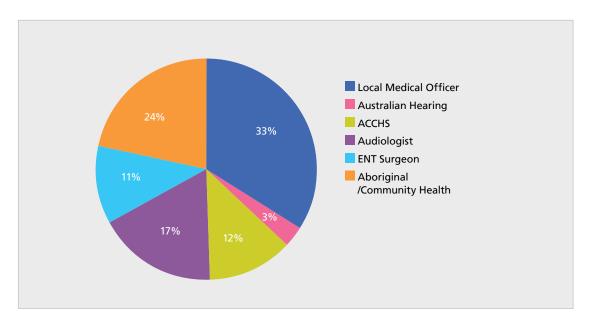
Over the four years of the NSW Otitis Media Screening Program for 0-6 year old Aboriginal Children, approximately 60,000 screenings were conducted. A snapshot analysis of screening for Quarters 1 and 2 in 2006/07 and 2007/08 identified that 27% and 32% respectively of those screened required further referral, with the vast majority referred to primary health care services for follow up, with only 11-12% with problems serious enough to warrant referral to Ear Nose Throat (ENT) specialists (refer Figure 1 below). ENT referrals represent approximately 3-4% of total screenings during the periods.

Figure 1: Referral types for the NSW Otitis Media Screening Program for 0-6 year old Aboriginal Children, Quarters 1 and 2, 2006/07 and 2007/08.

(a) 2006/07



(b) 2007/08



Source: ARTD Pty Ltd (2008) Evaluation of the Aboriginal Otitis Media Screening Program Final Report to the NSW Department of Health, 12 June 2008

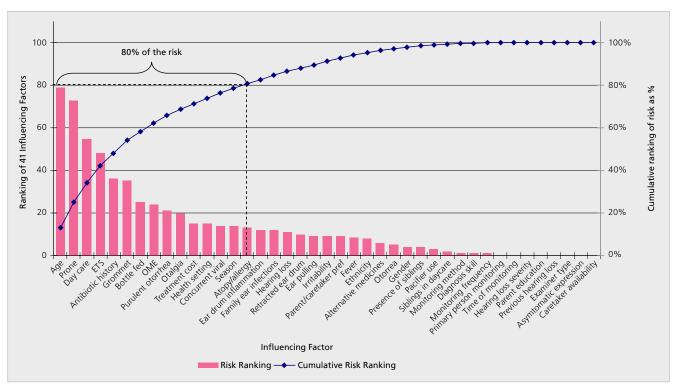
Key Risk Factors for Otitis Media

To make effective use of limited health system resources, it is fundamental to consider the known risk factors associated with otitis media, particularly those that are modifiable. Modifiable risk factors are those which we can reasonably expect to influence in order to realise improvement as a direct result of our combined efforts. A review of evidence for management of acute otitis media by Chan et al (2001) attempted to rank 41 influencing factors. Their ranking is graphically represented in Figure 4 below.

A Pareto Analysis shows that 80% of the risk is associated with a relatively small number of factors; and of those that are modifiable, cross infection associated with children in daycare; exposure to tobacco smoke; a sustained history of antibiotic use; bottle-only feeding; and treatment cost and setting feature prominently. Whilst these findings may not

be generalised for the Aboriginal population of NSW, a systematic review of existing evidence and primary care guidelines for the management of otitis media in Aboriginal and Torres Strait Islander people by Couzos et al (2001) identified improving nutrition and the home environment, increasing breastfeeding, and reducing passive smoking as effective primary prevention strategies. These various reviews are consistent with the recommendation of the Evaluation of the NSW Otitis Media Screening Program for 0-6 year old Aboriginal Children, particularly the recommendations to focus on environmental health (healthy housing; overcrowding), smoking, nutrition (breastfeeding) and integration with existing surveillance and healthcare programs.

Figure 4: Pareto chart - Otitis Media risk factor ranking



Source: Adapted from Chan et al, 2001

The Way Forward

Whilst early identification and medical management of otitis media are necessary, they are not sufficient to bring about marked reductions in prevalence of otitis media in the Aboriginal population of NSW. They represent a 'health centric' view of how to address the problem.

The way forward must be lead from the 'person centric' view of the problem, that is, from the parent's, carer's and child's perspective in terms of what they want and what their priorities are.

In order of priority, these can be represented by the following statements:

- 1. "I don't want my child to suffer from otitis media in the first place."
- 2. "If my child does have otitis media, I would like to have it identified as soon as possible."
- 3. "Once identified, I would like to know how to have otitis media treated and prevent it from coming back."

Therefore, the way forward must focus priority towards prevention initiatives; specifically those that address the identified modifiable risk factors.

The way forward must take a longer term view of health and development surveillance rather than the narrow and short term view implied by hearing screening. Wherever possible, surveillance should occur within existing programs; for example: Child Health Checks and the Personal Health Record (Blue Book), Statewide Infant Screening – Hearing (SWISH), Statewide Eyesight Preschool Screening (StEPS), Aboriginal Oral Health program, Aboriginal Maternal and Infant Health Strategy (AMIHS), Building Stronger Foundations for Aboriginal Children, Families and Communities.

The way forward must establish hearing health networks, not only for equitable access for treatment of the problem, but to support the professional development of those involved with Aboriginal hearing health. In recognition of the formal Partnership, the MOH will seek advice from the AHMRC on thes and related matters

The way forward must recognise that the 'health system' may not be best placed to address otitis media due to its limited contact with Aboriginal people. The education system and particularly the formal and informal social networks of Aboriginal communities are key delivery channels for the prevention and surveillance messages.

The way forward must consider that location-based approaches are far more likely to be successful than anything driven by central agencies. This recognises that the impact of otitis media strategies are different in far west NSW than it is in Sydney, and that different approaches are required.

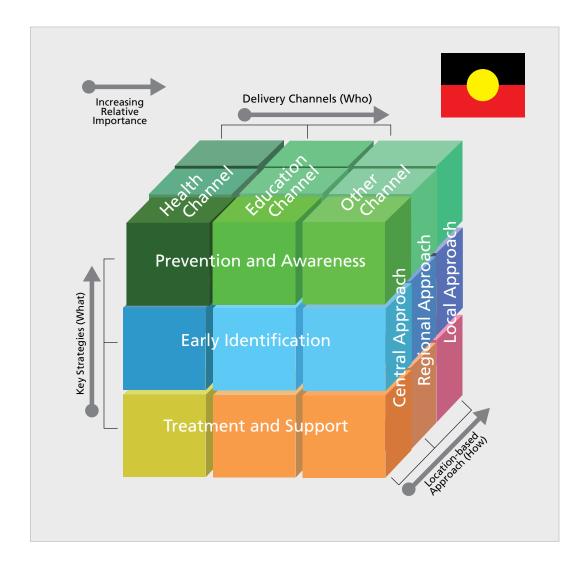
Further work will be undertaken at a state, regional and local level through workshops with key stakeholders in health, education and other relevant agencies to develop and implement strategies for otitis media.

The way forward will, therefore, identify:

- Key strategies (What we are going to do)
- Delivery channels (Who is going to do it)
- Location-based approach (How we are going to do it)



Figure 5 below captures the essence of the way forward for the NSW Aboriginal Ear Health program.



The following pages provide greater detail on each of the strategies, channels and approaches.

Key Strategies (What to do)

The NSW Aboriginal Ear Health Program Guidelines comprises nine separate strategies under three key areas for action which are best placed to reduce the prevalence and burden associate with middle ear disease. They are:

Prevention & Awareness

- 1. Reduce exposure to tobacco smoke
- 2. Breastfeeding and nutrition
- 3. Environmental health

Early Identification

- 4. Professional development
- 5. Parents and carers knowledge
- 6. Children's knowledge

Treatment & Support

- 7. Timely medical care
- 8. Best practice management
- 9. Reducing recurrent infection

Each strategy contains an objective and a range of actions, concepts and ideas which may be taken at the central, regional and local levels by Aboriginal communities and government and non-government organisations in the health and education sectors.

Some of the work described is currently underway but much is new effort that will require new relationships and partnerships to be formed in order to achieve the goals of the program.

Each of the strategies is described in detail throughout the following pages.



Prevention and Awareness

Strategy 1. Reduce exposure to tobacco smoke

Reduce the number of Aboriginal women who smoke during pregnancy, and reduce babies' exposure to environmental tobacco smoke (ETS).

| Central | Regional | Local |
|--|--|---|
| Health | | |
| The Ministry of Health (MOH) to support initiatives which will increase access to nicotine replacement therapy (NRT) for pregnant Aboriginal women (eg free NRT). The MOH to continue to provide funding support for smoking cessation programs. | OM Coordinators to determine availability of quit smoking resources (SmokeCheck, NRT, Tobacco worker, Quit Line, quit support groups etc) within their area and develop linkages and referral pathways to these programs. | Health professionals to provide quit smoking information to pregnant women and women smokers in their child bearing years. In addition, Aboriginal quit smoking promotional materials to be displayed in health settings. |
| The MOH to develop more Aboriginal specific quit smoking resources, particularly those aimed at pregnant women (eg pamphlets, posters, fact sheets). | LHDs (Local Health District) Environmental health staff and OM Coordinators may work with ACCHS networks (eg Bila Muuji) and ACCHS to increase awareness of environmental health by providing input into the development of systems and resources. | Aboriginal Health Workers in ACCHSs and LHDs may support environmental health programs where appropriate. |
| The MOH to work with the AH&MRC and GPNSW to coordinate distribution of Aboriginal specific quit resources through the ACCHS and the Divisions of GP networks. | LHDs & regional ACCHS alliances and ACCHS and OM Coordinators to coordinate the distribution of quit smoking resources. | OM and other relevant staff to be trained in brief smoking cessation interventions through smoking cessation programs. |
| Education | | |
| The MOH to work with the Aboriginal Education Consultative Group (AECG) to determine how to engage AECG members regarding quit smoking promotion and environmental tobacco smoke (ETS) education. | LHDs & regional ACCHSs and ACCHS to liaise with the AECG regarding provision of information on otitis media on learning outcomes and the contributing factors to otitis media, including ETS and smoking during pregnancy. | OM coordinators to work with AECG members to determine how to utilise informal networks. |

| Central | Regional | Local |
|---|---|--|
| The MOH to liaise with the DET and the Catholic Education Commission (CEC) to develop promotional materials for parents of Aboriginal children regarding smoking in pregnancy and ETS. | LHDs & regional ACCHS alliances and ACCHS to work with School Education Directors to promote the benefits of parental smoking education to school principals. | OM coordinators to work with schools on how to provide quit smoking and ETS information to parents through school communications (eg school newsletter, pamphlet). |
| The MOH to work with TAFE NSW to develop resources (eg pamphlets, posters, fact sheets) to increase awareness in students of the effect of smoking in pregnancy and ETS on the learning outcomes of young children. | The MOH to approach the Institute Directors, TAFE in order to gain support for smoking awareness on TAFE campuses. | OM Coordinators to work with TAFE campuses to look at options to promote smoking cessation and reductions in ETS. |
| Other Organisations | | |
| The MOH and AHMRC to approach Aboriginal media regarding advertising and/or segments on otitis media and smoking cessation. | LHDs & regional ACCHS alliances and ACCHS to help promote awareness of segments on otitis media and smoking cessation in Aboriginal media. | ACCHS staff (eg OM Coordinator and Chronic Care Worker) to utilise informal social networks to promote smoking cessation. |
| The MOH and AHMRC to promote TV and radio media opportunities to LHD staff. The MOH to provide the GWAHS otitis media advert to all LHDs. | LHDs & regional ACCHS alliances and ACCHS to seek TV and radio media opportunities to air the GWAHS otitis media advertisement. | OM Coordinators to investigate ways to promote smoking cessation on local radio stations using adverts and interviews. |
| The MOH to promote networking to OM Coordinators through the 6-monthly OM Coordinators meetings. | LHDs & regional ACCHS alliances and ACCHS to promote social networking between OM Coordinators and complementary program staff. | Promotion of smoking cessation to occur on television through Aboriginal media and adverts on local TV stations (eg the adverts run by GWAHS on Prime TV). |

Strategy 2. Breastfeeding & Nutrition

Increase the number of Aboriginal babies who are fully breastfed from birth.

| Central | Regional | Local |
|---|---|---|
| Health | | |
| Develop a new resource to promote breastfeeding for mothers of Aboriginal children. | Snr LHD managers & OM Coordinators to work with ACCHS networks (eg Bila Muuji) and ACCHS to promote breastfeeding. | OM Coordinators to work with ACCHSs to incorporate breastfeeding promotion into their Action Plans. |



| Central | Regional | Local |
|---|--|--|
| Distribute above resource through ACCHSs via the AH&MRC. | LHDs and regional Divisions of General Practice to promote breastfeeding for Aboriginal infants. | OM Coordinators and other Health Workers to deliver breastfeeding information to playgroups, mothers' groups and through other social networks. |
| Work with child and maternal health programs to include otitis media awareness in current breastfeeding promotion. | The MOH to work with LHDs to coordinate distribution of the breastfeeding resource particularly through child and maternal health sites. | OM Coordinators to further enhance linkages between ACCHS and child and maternal health sites. |
| Education | | |
| The MOH to work with the Aboriginal Education Consultative Group (AECG) and the Aboriginal and Torres Strait Islander Early Childhood Sector Advisory Group (ATSIECSAG) to determine mechanisms for promoting breastfeeding in Aboriginal communities. | The MOH to consider approaching the Institute Directors, of regional TAFEs in order to gain support for increasing breastfeeding 'friendliness' on campuses and to assist in the dissemination of resources. | OM coordinators to work with local AECG members to consider using their informal networks to promote otitis media awareness. |
| The MOH to work with with the DET and TAFE NSW to develop strategies (eg providing private breastfeeding areas) and resources (eg posters aimed at increasing peer acceptance of breastfeeding) for increasing the breastfeeding 'friendliness' of TAFE campuses. | Consider providing information sessions regarding the importance of breastfeeding education to be provided to: local AECG Presidents attending regional level AECG meetings, and ATSIECSAG members attending regional workshops. | OM Coordinators to consider working with TAFE campuses to provide private areas for breastfeeding. In addition, campuses to mount posters which encourage support for breastfeeding. |
| The MOH to work with DET to develop resources for the promotion of breastfeeding. | LHDs to work with DET School Education Directors to determine appropriate mechanisms for providing information about breastfeeding to high school and TAFE campuses. | OM Coordinators to work with local DET staff to assist with dissemination of breastfeeding material at high schools and TAFEs. |
| Other Organisations | | |
| The MOH to develop presentation/ facilitation plans for OM Coordinators to provide ear health education to a variety of community groups (eg play groups, community groups, land councils, mothers' groups etc). | OM Coordinators to approach local community groups regarding ear health education sessions. | OM Coordinators to provide age- appropriate ear health education to children in play groups. |

| Central | Regional | Local |
|---|---|--|
| The MOH to develop a 'yarning' resource to assist OM Coordinators and other relevant staff utilise social networking health promotion strategies. | OM Coordinators to plan or link in with strategic events which will foster social networking health promotion (eg BBQ, fire pit, pool party etc). | OM Coordinators to utilise networking to educate parents on how to prevent otitis media. |
| The MOH to develop an ear health poster suitable for local sports/ community clubs, local libraries and community centres. | OM Coordinators approach local sports/community clubs regarding placing ear health education materials on community notice boards. | Ear health education material may be distributed to community organisations for display on notice boards in local sports/community clubs, libraries and community centres. |

Strategy 3. Environmental Health

Reduce the exposure of Aboriginal children to environmental risk factors associated with otitis media, including poor hygiene and overcrowding.

| Central | Regional | Local |
|--|---|---|
| Health | | |
| The MOH to support environmental health strategies for Aboriginal people (eg Housing for Health [HfH]). Environmental Health Branch may negotiate with other Departments regarding responsibilities for environmental health strategies. | OM Coordinators may work with Environmental Health Branch and Public Health Units to identify priority communities for the Housing for Health initiatives in their regions and, where possible, develop complementary projects. | Community nurses, Environmental health staff, Aboriginal health workers and relevant health professionals may participate in implementing initiatives to complement Housing for Health and other environmental health projects. |
| The MOH may work with housing providers and public health agencies to develop systems and resources to support healthier homes on an on-going basis. | PHUs (Regional Environmental Health staff) and OM Coordinators may work with ACCHS networks (eg Bila Muuji) and ACCHSto increase awareness of environmental health by providing input into the development of systems and resources. | Aboriginal Health Workers in ACCHSs and PHUs may support environmental health programs where appropriate. |
| The MOH to work with GPNSW and the AH&MRC to increase GPs and Health Workers awareness of environmental determinants of health (eg article in the '10 Minute Update'). | Regional Divisions of General Practice to promote environment health through regular communication mechanisms (eg newsletters, websites etc). | GPs may liaise with Public Health Units when environmental health related conditions are prevalent in Aboriginal communities. |

| Central | Regional | Local |
|--|---|---|
| Education | | |
| The MOH to work with the AECG and DET to determine whether the hygiene curriculum in early Stage 1 (kindergarten) and Stage 1 (approx. Years 1-2) is culturally appropriate. | LHDs to work with regional AECGs and DET School Education Directors to consider options to incorporate hygiene curriculum and teachers' awareness of environmental health. | OM coordinators to work with local AECG groups to consider options for ensuring that the hygiene curriculum is culturally appropriate. The ATSIECSAG newsletter may include an article to increase awareness of the need for hygiene education. |
| The MOH to work with the AECG and ATSIECSAG to determine mechanisms for increasing awareness of environmental health in teachers, childcare workers and Aboriginal Education Officers. | LHDs and regional ACCHS alliances to consider discussing the potential of community nurses in local schools with high Aboriginal populations. | OM coordinators to work with local AECG groups to consider whether community to increase ear health awareness. |
| The MOH to liaise with the AH&MRC and LHDs to discuss increasing the number of Aboriginal community nurses in schools with high Aboriginal populations. | LHDs & regional ACCHS alliances and ACCHS to discuss the possibility of increasing Aboriginal community nurses in schools with high Aboriginal populations. | Where deemed culturally appropriate, community nurses from either LHDs or ACCHSs to attend schools with high Aboriginal populations. |
| Other Organisations | | |
| The MOH may work with the NSW Aboriginal Lands Council to develop systems and resources to support healthier homes on an on-going basis. | LHDs may work with Aboriginal Land Councils zone offices to assist with implementing any systems and distributing resources developed, to local Aboriginal Land Councils. | OM coordinators may liaise with Aboriginal Land Councils regarding the implementation of any systems and resources developed. |
| The MOH may work with the NSW Aboriginal Housing Office to develop systems and resources to support healthier homes on an on-going basis. | Senior LHD managers may work with NSW AHO Regional Housing Committees to distribute any systems and resources developed, to NSW AHO clients. | NSW AHO workers may provide any systems and resources developed, to their clients where appropriate. |
| The MOH may work with Community Services NSW (CSNSW) to develop systems and resources to support healthier homes on an on-going basis. | The MOH to provide education sessions to CSNSW staff on the importance of environmental health promotion. | OM coordinators will liaise with CSNSW Brighter Futures regarding any systems and resources developed for healthier homes. |

Early Identification

Strategy 4: Professional Development

Improve early identification of otitis media by educating human services professionals on the symptoms of the disease.

| Central | Regional | Local |
|---|---|--|
| Health | | |
| The MOH to refine and distribute the Clinical Practice Guidelines for otitis media in Aboriginal children for the following health professionals: Ear Nose and Throat Surgeons; Audiologists; General Practitioners; Aboriginal Health Workers; OM, SWISH Coordinators and ACCHS staff. | LHDs to deliver sessions on the Clinical Practice Guidelines to health professionals through the: Quarterly NSW Hospital and Allied Audiologists Group meetings; Annual Audiological Society of Australia conference; Division of GP regional network meetings and other relevant events. | The Clinical Practice Guidelines to be disseminated to relevant professionals through the LHDs, ACCHSs and professional organisations. |
| The MOH to engage relevant professional organisations (eg NSW Hospital and Allied Audiologists Group; Audiological Society of Australia; GPs NSW and AH&MRC) regarding effective distribution strategies for the resources. The MOH to engage the Hearing Health Network in order to devise professional development opportunities relating to otitis media awareness. | SWISH Coordinators to be engaged in order to: increase recording of the Aboriginality of infants through SWISH data collection; provide ear health education material (pamphlet or fact sheet) to parents of Aboriginal children at time of screening; and provide contact information for Aboriginal children to OM Coordinators where consent has been provided by parents. | The Clinical Practice Guidelines to be promoted through a variety of professional newsletters and websites (eg 10 Minute Update). |
| The MOH to advocate for consolidation of screening in young children (ie children are not screened separately for ears, eyes and oral health, but are screened for the three at the same time) eg via child health checks. | LHDs may consider dissemination of the Clinical Practice Guidelines to health professionals not accessed through other promotional mechanisms. | SWISH screeners to record Aboriginality data, provide ear health information to parents of Aboriginal newborns and provide OM Coordinators with the contact details of Aboriginal newborns where possible. |

| Central | Regional | Local |
|---|---|--|
| Education | | |
| The MOH to seek input from the AECG and ATSIECSAG to seek input for the development of otitis media health promotion resources. | LHDs to consider working with Regional School Directors to provide Aboriginal Education Officers and other relevant school staff (eg teachers with high numbers of Aboriginal students) with professional development regarding otitis media. | OM Coordinators to work with local representatives of the AECG and ATSIECSAG regarding writing an article about otitis media symptoms and educational consequences, for inclusion in their newsletter. |
| The MOH may work with the DET to develop a 'Quick Facts' sheet for teachers on the symptoms and effects of otitis media. An additional resource to be developed regarding teaching strategies (see below). | LHDs to work with DET School Education Directors and the AECG to assist in the dissemination of otitis media materials to pre-schools and primary schools. | OM Coordinators may assist with the distribution of a 'Quick Facts' resource to school staff. |
| The MOH may seek support from DET to develop referral pathway resources (both medical and educational) for teachers. | LHDs to work with DET School Education Directors regarding development of resources for referral pathways for children suspected of having otitis media. | OM Coordinators to work with local DET staff to distribute referral pathway resources to school staff. |
| Other Organisations | | |
| The MOH may engage relevant hearing related organisations (Shepherd Centre, Royal Institute for Deaf and Blind Children and Australian Hearing) regarding effective distribution strategies for the resources. | The MOH may liaise with the Sax Institute regarding the plausibility of a learning outcomes section to the SEARCH project. | The Clinical Practice Guidelines to be disseminated to relevant professionals through hearing related organisations. |
| In order to inform best practice, the MOH may investigate whether the SEARCH project undertaken by the AHMRC and the Sax Institute is able to examine which interventions provide the best learning outcomes for those children with otitis media/hearing loss. | Hearing related organisations to, where possible, utilise their regional offices to assist in the dissemination of medical management guidelines. | If possible, the SEARCH project to include research regarding which interventions provide the best learning outcomes for those children with otitis media/hearing loss. |
| The MOH may work with CSNSW (eg 'Brighter Futures' program) to coordinate the distribution of the simplified medical management and otitis media symptoms resources to CSNSW staff. | The MOH may provide education sessions to CSNSW staff on otitis media identification and treatment. | CSNSW staff (eg Brighter Futures workers) provide referrals for otitis media medical management where appropriate. |



Strategy 5: Parents and Carers knowledge

Increase early identification of otitis media by educating parents and carers on the symptoms of otitis media, and the necessity of obtaining medical management for the disease.

| Central | Regional | Local |
|---|--|---|
| Health | | |
| The MOH to develop resources for parents, educating them about otitis media symptoms and explaining the consequences of the disease (eg pamphlets, fact sheets). | OM Coordinators to present or facilitate information sessions to parents about ear health. | OM Coordinators to develop a plan of strategic ear health activities. OM Coordinators to provide one-on-one education to parents as part of ear health surveillance. |
| The MOH to work with a variety of NSW Health programs (eg SWISH, HfH, StEPS) and ACCHS to coordinate distribution of the resource to parents. | Where possible, regional television and radio station adverts to be used to promote ear health awareness (eg the Prime television advertisement used in GWAHS). | OM Coordinators to utilise formal (events, play groups etc) and informal (yarning) social networking strategies to educate parents on ear health. |
| The MOH to develop resources to assist health workers present or facilitate sessions on ear health awareness. | Adverts and articles in local newspapers to be used to promote awareness of ear health. | Resources are distributed to parents through a variety of NSW Health programs (eg SWISH, HfH, StEPS). |
| Education | | |
| The MOH may work with the DET and the CEC in order to develop the following resources to be provided to parents: Consent form parent information sheet on ear health. | LHDs to work with DET and CEC School Education Directors and the AECG to assist in the dissemination of otitis media materials to pre-schools and primary schools. | OM coordinators to work with schools to discuss ways to provide OM resources to parents. |
| The MOH may promote television and radio media opportunities to LHDs. The MOH to provide the GWAHS otitis media television advertisement to all LHDs. | Where possible, regional television and radio station adverts may be used to promote ear health awareness (eg the Prime television advertisement used in GWAHS). | Parents may be informed of ear health through television and radio promotional activities. |
| The MOH may seek support from DET to develop referral pathway resources (both medical and educational) for teachers. | Resources may be developed for teachers regarding referral pathways for children suspected of having otitis media. | OM coordinators may provide information regarding referral, medical and education options to schools. |



| Central | Regional | Local |
|---|---|--|
| Other Organisations | | |
| The MOH may work with CSNSW (eg 'Brighter Futures') to coordinate the distribution of the simplified medical management and otitis media symptoms resources to CSNSW staff. | The MOH may provide education sessions to CSNSW staff on otitis media identification and treatment. | CSNSW staff (eg Brighter Futures workers) provide information to parents on otitis media when appropriate. |
| The MOH may engage relevant hearing related organisations (Shepherd Centre, Royal Institute for Deaf and Blind Children and Australian Hearing) regarding effective distribution strategies for cultural sensitivity resources. | Hearing related organisations to, where possible, utilise their regional offices to assist in the dissemination of cultural sensitivity resource. | Cultural sensitivity resource to be disseminated to relevant professionals through hearing related organisations . |

Strategy 6: Children's knowledge

Educate Aboriginal children about ear health to increase their awareness of risk factors, disclosure of symptoms, and compliance with treatment procedures.

| Central | Regional | Local |
|---|--|---|
| Health | | |
| The MOH to develop health promotion resources for children that may be distributed through either health or education channels. | OM Coordinators to assist in disseminating health promotion resources to health and education providers. | Health promotion resources are provided to children through ACCHSs, LHDs, private GP practices and the offices of hearing health professionals. |
| The MOH may provide education on strategic screening planning through the 6 monthly OM Coordinators meeting. | OM Coordinators to develop a plan of strategic ear health screening activities. | OM screening to include explaining to children the purpose of the procedure and to occur in both education and health settings. |
| The MOH may develop 'What if?' resources for ear health workers to provide to parents and children when a 'refer required' screening result occurs. | OM Coordinators to disseminate 'What if?' resources to ear health workers. | OM screeners to provide parents and children with relevant 'What if?' resources as required. |

| Central | Regional | Local |
|---|---|---|
| Education | | |
| The MOH may work with the DET and the CEC to develop the following resources to be used in the classroom: posters; session plans; age appropriate activities; find-a-word stencils; and matching games. | DET and CEC School Education Directors may assist in the dissemination of ear health materials to pre-schools and primary schools. | Teachers to have access to a range of ear health education resources. |
| The MOH may work with the Aboriginal Education Consultative Group (AECG) and ATSIECSAG to coordinate distribution of the resources. | The MOH may promote ear health education resources to Aboriginal Education Officers and other engaged education professionals through the AECG and ATSIECSAG's newsletters and professional development activities. | OM coordinators to work with schools to provide ear health information to teachers for class room activities. |
| The MOH may work with the DET and the CEC to coordinate distribution of the resources. | OM Coordinators to build linkages with: regional AECG groups; local AECG members; and key staff at pre-schools and primary schools with high Aboriginal populations. | Local AECG members may utilise their informal social networks to promote otitis media awareness to parents and children. |
| Other Organisations | | |
| The MOH may develop presentation/ facilitation plans for OM Coordinators to provide ear health education to children in play groups. | OM Coordinators to approach council libraries regarding dissemination of ear health resources to children. | OM Coordinators to provide ageappropriate ear health education to children in play groups. |
| The MOH may develop resources for children in public libraries (posters, pamphlets – same as other parental resources). | OM Coordinators approach local play groups regarding ear health education sessions. | Ear health promotional materials for children are accessible at local libraries. |
| The MOH may develop an ear health awareness poster suitable for local sports/community clubs. | OM Coordinators approach local sports/community clubs regarding ear health education. | OM education material is mounted on community notice boards in local sports and community clubs. |



Treatment and Support

Strategy 7: Timely medical care

Provide timely medical, educational and social management of otitis media.

| Central | Regional | Local |
|--|---|--|
| Health | | |
| The MOH will work with the NSW Hearing Health Network Coordinator to determine mechanisms for the collation of local referral pathway information. The MOH will work with the AH&MRC, GP NSW, LHDs, Hospital and Allied Audiologists Group and the Audiological Society of Australia to coordinate distribution of the referral pathway. | OM Coordinators to work with the Hearing Health Network to determine available otitis media related services within their area and develop linkages and referral pathways to these programs. | OM Coordinators to provide information and support to parents of children who are referred for specialist assessment. |
| The MOH will analyse rates of ear surgery. | The Hearing Health Network may publish a 'quick reference' referral pathway guide for each LHD. | Referral pathway information is provided to GPs, ACCHS staff, LHD staff and Audiologists. |
| The MOH will advocate to the Child Health Networks to ensure designated Aboriginal ear surgery places. | The MOH will support OM Coordinators to meet with the regional Divisions of General Practice, LHDs and AH&MRC to promote improved referral pathways and determine mechanisms for resource distribution through ACCHS. | OM Coordinators will provide information and support to parents of children who are referred for specialist assessment. |
| Education | | |
| The MOH will work with the DET, the CEC, ATSIESCAG and the AECG to coordinate distribution of simplified medical referral pathway information to teachers and other relevant education staff. | Information sessions may be provided to local AECG Presidents attending regional level AECG meetings and ATSIECSAG members attending regional workshops regarding the importance of effective referral. | OM coordinators to work with schools and pre-schools to support children who are affected by otitis media, including the use of aids such as soundfield amplification. AECG members to advocate for referral when necessary. |

| Central | Regional | Local |
|--|--|---|
| The MOH will work with the DET, the CEC and the AECG to develop local educational referral pathway information (including referral to disability services, & literacy programs). | DET School Education Directors may assist in the dissemination of medical and educational referral pathway information. | Medical referral information may be provided to teachers and education staff. |
| The DET may embed information on teaching strategies for students with otitis media into relevant curriculum and teaching resources. | OM Coordinators will work with the DET and CEC to determine available ear health related education services within their area and develop linkages and referral pathways to these programs. Information on state-wide programs to be provided by the central agencies. | Educational referral information may be provided to teachers and education staff. |

Strategy 8: Best practice management

Provide best practice medical, educational and social management for Aboriginal children with otitis media.

| Central | Regional | Local |
|--|--|---|
| Central | negional | Local |
| Health | | |
| The MOH will refine and distribute Clinical Practice Guidelines for otitis media in Aboriginal children for the following health professionals: Ear Nose and Throat Surgeons; Audiologists; General Practitioners; Aboriginal Health Workers; OM, SWISH Coordinators and ACCHS staff. | The MOH and AHMRC will deliver sessions on the new Clinical Practice Guidelines to health professionals including through the: Quarterly NSW Hospital and Allied Audiologists Group meetings; Annual Audiological Society of Australia conference; Division of GP regional network meetings and other relevant events. | The Clinical Practice Guidelines may be disseminated to relevant professionals through the LHDs, ACCHS and professional organisations. |
| The MOH will engage relevant professional organisations (eg NSW Hospital and Allied Audiologists Group, Audiological Social of Australia, GP NSW and AH&MRC) regarding effective distribution strategies for the resources. | OM Coordinators will devise a plan for the dissemination of the Clinical Practice Guidelines to health professionals not accessed through other promotional mechanisms. | The Clinical Practice Guidelines may be promoted through a variety of professional newsletters and websites (eg 10 Minute Update). |

| Central | Regional | Local |
|---|--|---|
| The MOH will liaise with the Hearing Health Network in order to devise professional development opportunities relating to ear health best practice. The MOH may develop 'What if' resources for ear health workers to provide to parents and children after a 'refer required' screening result occurs. | OM Coordinators may disseminate 'What if' resources to ear health workers. | Ear health workers to provide parents and children with relevant 'What if' resources as required. |
| Education | | |
| The DET may embed information on teaching strategies for students with otitis media into relevant Aboriginal education curriculum and teaching resources. | DET and CEC School Education Directors may promote information on teaching strategies for students with otitis media (eg professional development, bulletins etc). | Teachers/education staff will employ appropriate teaching strategies when children are affected by otitis media, including the use of aids such as sound field amplification. |
| The MOH will work with the DET and the CEC to develop ear health resources to be used in the classroom: posters; session plans; age appropriate activities; find-a-word stencils and matching games. | The MOH/LHD will work with Regional School Directors to provide Aboriginal Education Officers and other relevant school staff (eg teachers with high numbers of Aboriginal students, Itinerant teachers) with professional development regarding ear health. | Teachers will have access to a range of ear health education resources. |
| The MOH may seek AECG and ATSIECSAG input for the development of ear health resources. | DET and CEC School Education Directors may assist in the dissemination of ear health materials to pre-schools and primary schools. | An article on best practice teaching strategies may be included in the AECG and ATSIECSAG newsletters. |
| Other Organisations | | |
| The MOH will engage relevant hearing related organisations (Shepherd Centre, Royal Institute for Deaf and Blind Children and Australian Hearing) regarding effective distribution strategies of the Clinical Practice Guidelines. | Hearing related organisations may, where possible, utilise their regional offices to assist in the dissemination of Clinical Practice Guidelines. | The Clinical Practice Guidelines may be disseminated to relevant professionals through the hearing related organisations (see above for list). |
| The MOH will engage the Royal Institute for Deaf and Blind Children regarding effective distribution strategies of the Clinical Practice Guidelines. | The Royal Institute for Deaf and Blind Children may utilise its centres to assist in the dissemination of the Clinical Practice Guidelines. | The Clinical Practice Guidelines and referral pathways may be disseminated to education professionals through the Royal Institute for Deaf and Blind Children. |

| Central | Regional | Local |
|--|---|--|
| The MOH will work with CSNSW (eg 'Brighter Futures' program) to coordinate the distribution of the simplified medical management and otitis media symptoms resources to CSNSW staff. | The MOH may provide education sessions to CSNSW staff on otitis media identification and treatment. | CSNSW staff (eg Brighter Futures workers) may provide referrals for otitis media medical management where appropriate. |

Strategy 9: Reducing recurrent infection

Reduce recurrent infection by educating parents and carers how to prevent the disease from returning.

| Central | Regional | Local |
|--|--|---|
| Health | | |
| The MOH and AHMRC will develop more Aboriginal specific quit smoking resources, particularly those aimed at pregnant women (eg pamphlets, posters, fact sheets). | The MOH will work with ACCHS networks (eg Bila Muuji), ACCHS and Division of GPs to increase awareness of available quit and environmental health resources. | OM Coordinators and other relevant staff utilise informal social marketing (yarning) to inform parents of ways to prevent otitis media. |
| The MOH may work with the AH&MRC and GPNSW to increase awareness and coordinate distribution of quit and environmental health resources through the ACCHS and the Divisions of GPs networks. | The MOH may work with LHDs to coordinate the distribution of quit smoking and environmental health resources. | OM Coordinators and other relevant staff may be trained in brief smoking cessation interventions through the SmokeCheck program. |
| Education | | |
| The MOH may work with the AECG to determine how to engage their members regarding promotion of otitis media prevention strategies (ETS and environmental health). | The MOH will present information at the AECG six-monthly conference regarding the effects of otitis media on learning outcomes and the contributing factors to otitis media, including ETS and smoking during pregnancy. | Local AECG members may utilise their informal social networks to promote ear health awareness. |
| The MOH may engage the DET and the CEC to develop promotional materials for parents of Aboriginal children regarding otitis media prevention. | Senior LHD managers & OM Coordinators may work with School Education Directors to promote the benefits of parental smoking education to school principles. | OM information will be provided to parents through school communications (eg school newsletter, pamphlet). |

| Central | Regional | Local |
|---|---|--|
| The MOH may work with TAFE NSW to develop resources (eg pamphlets, posters, fact sheets) to increase awareness in students of the effect of smoking in pregnancy and ETS on the hearing health of young children. | Senior LHD managers & OM Coordinators will work with the Institute Directors, TAFE in order to gain support for smoking awareness on TAFE campuses. | Local TAFE campuses may mount posters which promote quitting smoking during pregnancy and the reduction of ETS. |
| Other Organisations | | |
| The MOH may develop presentation/ facilitation plans for OM coordinators to provide ear health education to a variety of community groups (eg play groups, community groups, land councils, mothers groups). | OM Coordinators will approach local community groups regarding ear health education sessions. | OM Coordinators may provide age- appropriate ear health education to children in play groups. |
| The MOH may develop a 'yarning' resource to assist OM Coordinators and other relevant staff utilise social networking health promotion strategies. | OM Coordinators may plan strategic events which will foster social networking health promotion (eg BBQ, fire pit, pool party). | OM Coordinators may utilise social networking to educate parents on how to prevent otitis media. |
| The MOH to develop an otitis media prevention poster suitable for local sports/community clubs, local libraries and community centres. | OM Coordinators may approach local sports/community clubs regarding placing ear health education materials on community notice boards. | Ear health education material is mounted on community notice boards in local sports/community clubs, libraries and community centres. |

Patient Journeys

An example of the new approach to addressing otitis media is illustrated below in fictional patient journeys for Jane and Danny.

Jane's story

Jane is a healthy 12 month old girl. Her likelihood of suffering middle ear disease is less than when her brother Danny was born four years ago, due to more effective complementary programs which tackle various aspects associated with otitis media in a more holistic manner.

In the year prior to Jane's birth her parents house had a faulty stove and bath which the housing provider hadn't fixed.

"Bathing Danny was so hard. This time it will be different for my daughter," said her mother Jill.

While pregnant the 'Housing for Health' program visited Jill's community and repaired wiring to the stove and had the broken water pipe replaced without cost to her.

When Jill visited her local doctor at the AMS with her husband Charlie, she was told about a child and maternal health program which enabled support from a midwife and an Aboriginal Health Worker during her pregnancy. Jill had antenatal checks while pregnant to make sure everything was ok. Jill and Amy talked a lot about breastfeeding as Jill hadn't breastfed Danny for very long after he was born. "Charlie didn't like other men looking at me breastfeeding in public," she said.

Amy explained how breast milk was the best food for her new baby and how it would assist Jane's immune system. Amy also helped Charlie feel more confident about his wife breastfeeding in public and he later became a great support for her. Jill was concerned about how her smoking might affect her baby. "Maybe you should give those durries up like I did," said Charlie. Amy helped her to start a successful quit smoking program.

Jane was born only a few days early, whereas Danny was almost two weeks early and Jane weighed more than Danny. Before Charlie and Jill took Jane home, a 'SWISH' nurse checked Jane's ears for any permanent hearing loss which she may have been born with. The nurse also gave Jill some information about otitis media and explained how it was different to the 'SWISH' check. Jill agreed to have the local Otitis Media Coordinator contact her at a later time.

Jill and Charlie took great pride in seeing Jane grow and would use the 'Blue Book' parent-assessed developmental checks. Jill stuck with her new smoke-free lifestyle saying, "Even my friends know not to smoke around here anymore."

With support from Charlie and Amy, Jill continued to breastfeed her baby until she was 6 months old.

At one point daughter Jane and son Danny both fell ill with colds, so Jill visited her doctor. Danny also had otitis media which the doctor prescribed medicine for and referred him for a hearing assessment with an audiologist. The doctor mentioned an initiative called 'Child Health Check' which Jill took advantage of for Danny. Jill decided later in the year to take advantage of 'Adult Health Checks' for herself and her husband.

Jane's story illustrates how the environment and her mother's health and lifestyle factors impact upon her own wellbeing.



What's good about this story?

- improved environmental health
- smoking cessation
- breastfeeding to 6 months
- developmental checks performed
- greater vigilance and early detection
- strong education & support by health professionals
- a few key lifestyle changes can provide a big health henefit
- empowered parents
- sets a positive example for other community members

Danny's story

Four year old Danny attends an independent pre-school and starts primary school next year. One day when Charlie went to pick up his boy from school, his teacher Sarah told Charlie about a free eyesight check called 'StEPS' which all 4 year olds could have before they start primary school. "That sounds like a good idea to me," said Charlie and agreed to have Danny's eyes checked.

Soon after Danny started school, he came home with a big smile showing off his (temporary) tattoo sticker on his arm. It was the colourful Aboriginal flag which made his parents smile too. Danny said, "The teacher and her friend put it on my arm." Danny gave his parents a little bag which contained further resources and information about otitis media.

Charlie and Jill remembered the messages on Koori radio about otitis media and were happy to make sure Danny was ok. Danny had his ears checked at school and he was fine but later in the year he told his Dad he didn't want to play. "My ears hurt dad" said Danny. The next morning Charlie spoke with Danny's teacher Sarah about his ears. Sarah arranged for Bev the OM Coordinator to drop by the school to check Danny's ears. Bev found a mild hearing loss in one of Danny's ears and provided a report and suggested he be referred to the doctor. Bev spoke with Danny's father and teacher and answered their questions about middle ear infection.

Sarah recalled the education sessions she had received earlier from the Itinerant Support Teacher about otitis media and the various classroom strategies which assist children with hearing loss.

Charlie took his son to the doctor who read the tympanogram and audiogram Bev had prepared. The doctor diagnosed Danny with acute otitis media and provided him with medication and asked that he be reviewed in two weeks.

Danny's teacher made some changes in the classroom including use of the soundfield amplification system to help Danny until his hearing was restored to normal levels.

When Danny returned to the doctor in two weeks for a follow-up, his otitis media had successfully resolved and his hearing too had returned to normal.

Danny's story illustrates how integrated health promotion activities when combined with appropriate medical interventions provide more effective resolutions and improved health and learning outcomes.

What's good about this story?

- Improved community awareness ed Koori radio
- More complementary programs eg StEPS
- Greater parental vigilance and early detection
- Better teacher education
- Improved referral mechanisms
- Greater GP awareness of otitis media
- GP professional development eg tympanograms audiograms
- More aggressive management/liaison by GPs



Population Health Measures

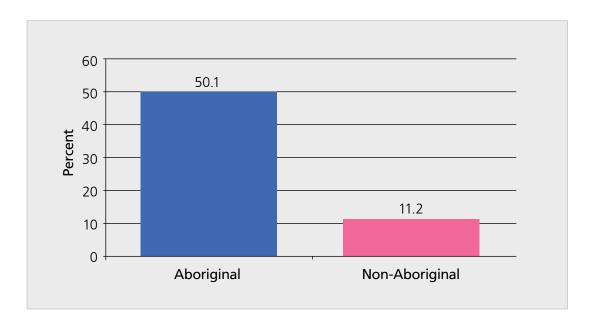
Population Health Measures

With the new approach to otitis media now focusing on actions aimed to actively reduce prevalence rates, the proposed population health measures are centred around three modifiable lifestyle risk factors which have the greatest scope for improvement.

Smoking during pregnancy

Reduce the number of Aboriginal mothers who smoke while pregnant.

Smoking rates during pregnancy by Aboriginality

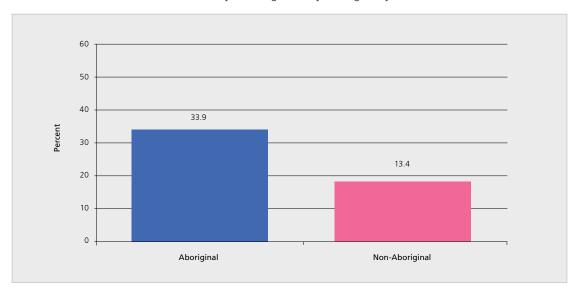


Source: NSW Public Health Bulletin Supplement, Vol21, (S1), June 2010 (NSW Mothers & Babies Report 2007 p78)

Smoking rates during pregnancy in NSW Aboriginal communities are at least four times those of non-Aboriginal Australians. The health effects of tobacco on infants also contributes to higher rates of Aboriginal morbidity and mortality, with increased risks of low birth weight, sudden infant death and respiratory illness recorded for Aboriginal babies born to mothers who smoke (Graham, Jackson Pulver, et al 2007, p.511). The links to respiratory infections such as asthma, and pneumonia, and higher rates of otitis media amongst Aboriginal children should not be underestimated (Jacoby, Coates, et al 2008, p.599).



Community smoking rates by Aboriginality



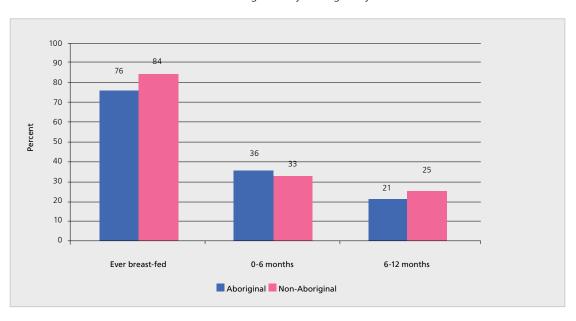
Source: 2006-2009 Report on Adult Aboriginal Health and NSW Population Health Survey 2009. Note: Prevalence rates are not age standardised and therefore age differences between Aboriginal and Non-Aboriginal will account for some of this difference.

Smoking rates in NSW Aboriginal communities are almost double those of non-Aboriginal Australians. Tobacco smoking remains the leading cause of death and greatest contributor to the burden of disease amongst Aboriginal populations in Australia (Penn 2008, p.39)

Breastfeeding

• Increase the number of Aboriginal mothers who maintain breastfeeding for six months from birth.

Breastfeeding rates by Aboriginality



Source: Australian Institute of Health and Welfare 2008. Aboriginal and Torres Strait Island Health Performance Framework, 2008 Report: Detailed Analyses. Cat no IHW 22. Canberra AIHW.

Breastfeeding rates for mothers in Aboriginal and non-Aboriginal Australian communities are reasonably consistent at all measured duration points. By six months, breastfeeding rates decline to less than half of what they were at the birth of the child.



Safe & healthy housing

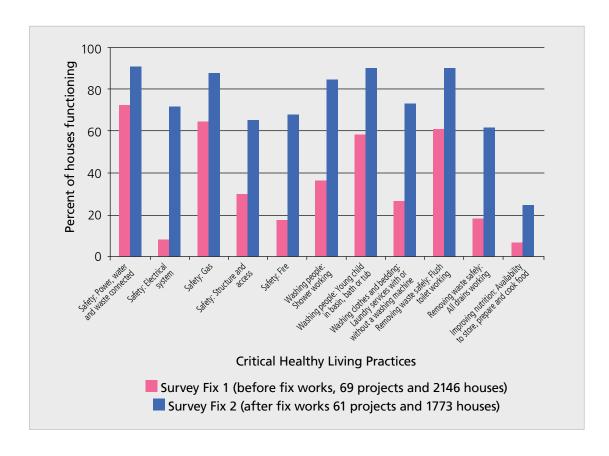
Increase the number of safe, healthy, houses for Aboriginal families.

NSW Health has been managing the 'Housing for Health' program since 1998/99, with the majority of funding being provided under the NSW Aboriginal Affairs Plan:Two Ways Together (TWT) initiative. Between 1998/99 and 2008/09 projects have been run in 2230 houses across 71 communities around NSW benefiting 9,258 people.

The Housing for Health program has been able to demonstrate clear improvement in house function such as:

- Over two-fold improvement in structural safety and access in houses
- Over three-fold improvement in the ability to prepare, store and cook food
- Over two-fold improvement in occupants' facility to wash themselves, clothing and bedding
- Two-fold improvement in removing waste safely from homes

NSW Housing for Health projects 1999-2009



Source: NSW Health, Closing the Gap: 10 Years of Housing for Health in NSW, Jan 2010 P15.

Evaluation Framework

Evaluation of the NSW Aboriginal Otitis Media Program will be fundamental to its ongoing success.

To assist the MOH to best evaluate the effectiveness of the program Guidelines, an expert advisory group will be formed. This group will be comprised of experts in ear health and epidemiology, and representatives from the Ministry of Health and the Aboriginal community controlled health sector. The expert advisory group will decide the most appropriate form of evaluation design and methodology to be used, and will provide ongoing input into the evaluation process.

The evaluation will aim to show if the Program is effective at reducing the prevalence and incidence of otitis media and/or ameliorating its impacts.

A number of indicators can be used to demonstrate the effectiveness of the broad public health approach recommended in these Guidelines. Rates of breastfeeding and smoking during pregnancy can be compared at the introduction of the new guidelines and after a period of time. There are a number of other programs which will also impact on these measures.

Changes in the statewide prevalence and incidence of otitis media may be harder to measure, as at present there is no routinely collected data for these indicators. An option may be to measure the prevalence and incidence of otitis media in a representative sample of communities and to review prevalence and incidence in another 2 and 4 years.

It may be also be possible to use surgical interventions for otitis media as an indicator for monitoring change in ear health, or access to ear health services, at the state level. However, there are several limitations to using these interventions to evaluate the Program which would need to be considered. These include changing clinical practice, the ability of surgery numbers or rates to reflect disease prevalence or access issues, and the small numbers of some surgeries.

The evaluation will be consistent with the core components from An Evaluation Framework for Aboriginal health programs: the NSW Health experience. The three core components are:

Assessment of the priority setting

Was the priority setting process that led to the program appropriate and comprehensive?

Evaluation of program development and implementation

Was the program adequately planned and implemented?

Effectiveness

Has the program achieved its objectives, with regard to service provision, health improvement and community empowerment?



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Summary of relevant NSW Government policies

| Policy name Summary | Summary | Aims | Priorities | Relevance |
|---|--|--|---|---------------------------------|
| NSW Otitis Media Strategic Plan for Aboriginal Children, 2000. | New South Wales government recognises that otitis media is not solely a health issue – the condition impacts on education and thus employment, economic and social status. | To address otitis media and conductive hearing loss in school-aged children. | To reduce incidence of otitis media and conductive hearing loss (particularly recurrent and chronic forms). To reduce the impact of conductive hearing loss on Aboriginal children, their families and communities. Improve the provision of health and education services to Aboriginal communities to prevent, manage and control otitis media and conductive hearing loss. Ensure existing expertise, knowledge and resources are shared within Aboriginal communities as well as health and education agencies. | |
| Two Ways Together: A New Way of | Two Ways Together: Aboriginal people, the New South A New Way of Wales government and government | To develop committed partnerships between Aboriginal people and Government. | Making services work – health, education economic development, justice, families and | Specified in New South Wales |

Wales government and government and government and government and government agencies must work together, and are jointly responsible to plan and emotional well-being of Aboriginal deliver solutions that meet community needs.

• Change the way the Government works with Aboriginal people.
• Enhance the skills and capacity of Aboriginal communities and individuals.
• Achieve real and measurable improvements for Aboriginal people in health, education, economic development, justice, housing and infrastructure, families and young people.

economic development, justice, families and young people, culture and heritage, housing and infrastructure. New ways of doing business with Aboriginal people. Agency capacity to work with Aboriginal people. Government's role in enhancing the capacity of communities. Local planning and decision making processes.

Accountability processes to ensure the plan is implemented at local, regional and State levels. tion, Whole of government capacity.

Aboriginal Health Otitis Media Plan

2004-2010

Department of

Health,

 Support and affirm Aboriginal people's culture and heritage.

Doing Business with Aboriginal People,

NSW Aboriginal Affairs Plan 2003-

| Policy name | Summary | Aims | Priorities | Relevance |
|---|--|---|---|--|
| Children and Infants with Otitis Media – Acute Management | Basic clinical practice guidelines for the treatment of infants and children with otitis media. PD2005_385 published Jan 2005 | To assist with consistent, safe and appropriate clinical care for children with otitis media. | Best possible paediatric care in all parts of NSW. | Compliance is mandatory for NSW Health and a condition of subsidy for public health organisations. |
| NSW Department of Health, Aboriginal Health, Otitis Media Plan 2004-2010 | Builds on existing New South Wales Otitis Media Screening Plan for Aboriginal children. Underpinned by the principles and objectives agreed to by the Aboriginal Community Controlled Sector and the State and Commonwealth Governments. Focuses on 0-6 year olds enable Centre for Aboriginal Health to work proactively with many partners. | Raise awareness of otitis media and the resultant conductive hearing loss. Highlight the impact of otitis media and conductive hearing loss for children; provide strategies to screen children for otitis media in the target age group; give effect to the New South Wales Department of Health's objective of improving the health of Aboriginal children; ensure children experiencing otitis media; and conductive hearing loss access | The program aims to screen progressive proportions of the New South Wales 0-6 year old Aboriginal population. 2004/2005: 50% of eligible population 2005/2006: 70% of eligible population 2006/2007: 85% of eligible population 2007/2008: 85% of eligible population | |
| A New Direction for NSW: State Plan Towards 2010 | Proposal for direction of New South Wales in five key areas, achievable by 2010. | To deliver better results for the community from New South Wales Government services. Reflects the Council of Australian Governments' national health reform agenda, including better community-based primary care, reducing the prevalence of chronic disease risk factors and improving health outcomes. Also in line with the priorities of the NSW Government State Plan to guide the public health system towards and beyond 2010. | Rights, respect, responsibility Delivering better services Fairness and opportunity Growing prosperity across NSW Environment for living Make prevention everybody's business Create better experiences for people using health services Strengthen primary health and continuing care in the community Build regional and other partnerships for health Make smart choices about the costs and benefits of health services Build a sustainable health workforce Be ready for new risks and opportunities | Priority 2: Improved access to quality health care, Priority 3: Strengthening Aboriginal communities Improved health and education for Aboriginal people Early intervention to tackle disadvantage |

Summary of relevant complementary programs

| Program name | Summary | Aims | Priorities | Relevance |
|---|---|--|--|---|
| Housing for Health | Delivers health and safety related community housing repairs to selected Aboriginal communities throughout NSW, at no cost to the tenant. | Maximise health benefits associated with improved housing capacity supporting healthy living practices. | Repairs supporting safety and nine healthy living practices. 1. washing people 2. washing clothes, bedding 3. removing waste safely 4. improving nutrition 5. reducing overcrowding 6. reducing the impact of animals, vermin and insects 7. reducing the temperature 8. controlling temperature 9. reducing trauma | Direct health improvement for residents. |
| AMIHS Aboriginal Maternal & Infant Health Strategy | Provides community-based midwifery care for Aboriginal mothers during pregnancy and the early postnatal period. | To improve the health of Aboriginal mothers and babies, by providing a high quality service that is culturally sensitive, woman-centred, based on primary health care principles, and provided in partnership with Aboriginal peoples. | Ensure women participate in program as early as possible during their pregnancy Reduce the number of high risk pregnancies | Direct health benefit to mother and child. |
| SWISH State-wide Infant Screening for Hearing | Checks all newborns at hospital for neurological hearing deficits. | Identify babies born with significant hearing loss and introduce them to appropriate services as soon as possible. | Offer screen for all newborns prior to leaving hospital. | Earliest detection and intervention to restore hearing ability. |
| StEPS State-wide Eyesight Preschooler Screening | Offers all 4 year old children free vision screening. | Screen all 4 year olds in NSW prior to entering primary school. | Early detection and treatment to prevent further vision complications. | Direct health benefit to child. |

| Program name | Summary | Aims | Priorities | Relevance |
|--|--|--|---|--|
| Child Health Checks Aboriginal and Torres Strait Islander Child Health Check (Medicare Item 705) | Doctor performed health check for height, weight, eyes, ears, teeth, skin, heart sounds, lungs, abdomen, anaemia, and glucose in older children. | Maximise uptake of the voluntary check, including communicating with parents and carers. | All Aboriginal children under 16 years of age. | Direct health benefit to child. |
| ETS & Children Project The environmental tobacco smoke and children project | Campaign to raise awareness about risks associated with passive smoking. | Minimise childrens' exposure to environmental tobacco smoke in the homes and cars of NSW. | Eliminate exposure to tobacco smoke in cars and homes. | Direct health benefit to child. |
| Smoke Check The NSW SmokeCheck Project | Evidence-based smoking cessation intervention program. | Train AHWs to deliver smoking cessation interventions to Aboriginal clients. | Reduce child exposure to tobacco smoke. | Direct health benefit to child and family. |
| Blue Book Personal Health Record | Provides an important record of a child's health including key parent-assessed child development checks. | Encourage maintenance and usage of the Blue Book by parents, carers and health professionals. | Usage of the Blue Book from as early as possible following the child's birth. | Indirect health benefit to child. |
| Australian Hearing Specialist programs for Indigenous Australians | Provides visiting hearing specialists to communities on request. | Deliver best practice initial ear checks through to specialist intervention. | Specialist support for babies and children. | Direct health benefit to child. |
| RIDBC Outreach Royal Institute for Deaf & Blind Children – outreach screening program | Provides ear and eye screening to communities on request. | Develop ongoing relationship with key communities to provide initial checks through to specialist intervention. | Taree, Broken Hill, Walgett and Lightning Ridge communities and pre-schools. | Direct health benefit to child. |
| Healthy for Life Australian Government funding round initiative held every 4 years. | Funding to improve the health of Aboriginal men, mothers, babies and children. Additional support for chronic care. | Improve the health of Aboriginal men, mothers, babies and children; Improve the quality of life for people with a chronic condition Reduce the incidence of adult chronic disease. | Aboriginal men, women and children and those with chronic conditions. | Direct health benefit to family. |

Screening Referral Pathways

REFERRAL PATHWAY FOR CHILDREN

Use this chart as a guideline for when and where to refer children who do not pass hearing screening.

First Screen: Otoscopy clear

Type A tymps

Passed audiogram > Check next screen

First Screen: Otoscopy clear

Type A tymps

Failed audiogram > Refer to audiologist

<u>First Screen:</u> Otoscopy, drums red

• Type C tymps

Passed audiogram > Re-screen in 3 months

Second Screen: Otoscopy, drums still red

• Type C or B tymps

• Passes or fails audiogram > Refer to GP

• Re-screen in 3 months, if unchanged or worse refer to GP

First Screen: Otoscopy dull or retracted drums

• Type B tymps, normal canal volume

Fails audiogram > refer to GP

Second Screen: Otoscopy still dull or retracted

• Type B tymps

Fails audiogram > refer to GP recommend ENT

• Re-screen in 3 months

First screen: Otoscopy shows perforations

• Type B tymps, large canal volume

• Passes or fails audiogram > Refer to GP

Second Screen: No change > refer to GP and recommend ENT

• Re-screen in 3 months

First screen Otoscopy shows discharge

• DO NOT perform Tymps

• Passes or fails audiogram > Refer to GP

Second screen: No change>refer to GP and recommend ENT

• Re-screen in 3 months

TAFE NSW - Western Sydney Institute

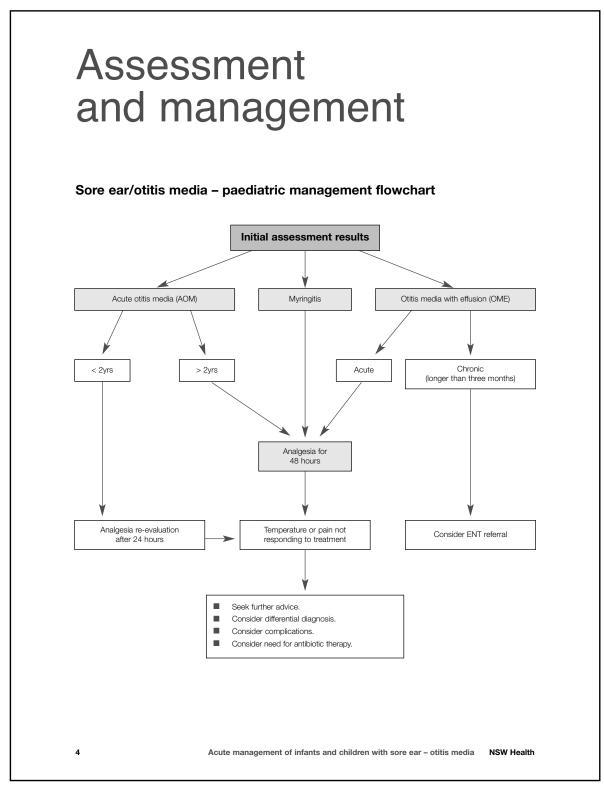
Created: 31/03/2011

Version: 1.0

Appendix4 ScreeningRefer Pathway (3).doc

Modified: 31/03/2011 Page 1 of 1

Paediatric Management Flowchart



Source: NSW Health Policy Directive PD2005-385: Children and Infants with Otitis Media - Acute Management

Aboriginal Otitis Media Contact Officers

| Local Health Districts | Address | Phone | Fax |
|---|--|--------------|--------------|
| Mid North Coast | Box 126 Port Macquarie 2444 | 02 6588-2828 | 02 6588-2837 |
| Southern and Murrumbidgee | Box 159 Wagga Wagga 2250 | 02 6938 6173 | 02 6938 6176 |
| Northern Sydney and Central Coast | Box 361 Gosford | 02 4320 2694 | 02 4320 2695 |
| Northern NSW | 31 Uralba Street Lismore 2480 | 02 6620 7991 | 02 6622 2151 |
| Western NSW | Box 4061 Dubbo 2830 | 02 6841-2316 | 02 6841-2349 |
| Western NSW | Box 44 Cowra 2794 | 02 6340-2362 | 02 6340-2490 |
| South Western Sydney | 14 Queen Street Narellan 2567 | 02 4640-3500 | 02 6340-3513 |
| South Eastern Sydney | Locked Bag 9 Wollongong 2500 | 02 4226-6745 | 02 4221-6722 |
| Hunter New England | Box 119 Wallsend 2287 | 02 4924-6376 | 02 4924-6456 |
| Western Sydney | Mt Druitt Hospital Aboriginal Health Unit Luxford Road, Mt Druitt 2770 | 02 9881-1670 | 02 4734-3938 |
| NGOs | Address | Phone | Fax |
| Riverina Medical & Dental Aboriginal Corporation | Box 458 Wagga Wagga 2650 | 02 6921-7292 | 02 6921-7120 |
| Eleanor Duncan Aboriginal Medical Centre | Box 466, Wyong 2259 | 02 4355-4637 | 02 4351-4635 |
| Katungul Aboriginal Medical Service | Box 296 Narooma 2546 | 02 4476-2155 | 02 4476-1963 |
| Awabakal Aboriginal Medical Service | Box 323 Wickham 2293 | 02 4969-2424 | 02 4961-0497 |

APPENDIX 7

Hearing Health Workers (OATSIH)

| NGOs | Address | Phone | Fax |
|--|---------------------------|--------------|--------------|
| Western Sydney Aboriginal Medical Service | Box 3160, Mt Druitt, 2770 | 02 9832-1356 | 02 9625-4152 |
| Walgett Aboriginal Medical Service | Box 396, Walgett, 2832 | 02 6828-1611 | 02 6828-1201 |
| Durri Aboriginal Medical Service | Box 136, Kempsey, 2440 | 02 6562-4919 | 02 6562-3371 |
| Coomealla Health Aboriginal Corporation | Box 256, Dareton, 2717 | 03 5027-4824 | 03 5027-4429 |

Hospital & Allied Audiologists Group

| Region | Phone |
|---------------------------------|---------------|
| METROPOLITAN HOSPITALS | |
| Children's Hospital at Westmead | 02 9845 2788 |
| Concord Hospital | 02 9767 6900 |
| Hornsby Ku-Ring-Gai Hospital | 02 9477 9216 |
| Liverpool Hosoital | 02 9828 3646 |
| Mona Vale Hospital | 02 9998 0387 |
| Royal North Shore Hospital | 02 9926 7080 |
| Royal Prince Alfred Hospital | 02 9515 6111 |
| St Vincents Public Hospital | 02 8382 3323 |
| Sydney Childrens Hospital | 02 9382 2271 |
| Westmead Hospital | 02 9845 7479 |
| COUNTRY HOSPITALS | |
| Bega Community Hispital | 02 6492 9620 |
| Dubbo Community Health Centre | 02 6885 8999 |
| Gosford Hospital | 02 4320 3121 |
| John Hunter Hopital | 02 4921 3550 |
| Kid's Cottage | 02 4297 1022` |
| Mudgee Community Centre | 02 6378 6236 |
| Orange Community Health Centre | 02 6393 3300 |
| Port Kembla Hospital | 02 4223 8033 |
| Wyong Hospital | 02 4394 7968 |
| METROPOLITAN PRIVATE | |
| Access Audiology Services | 02 4721 3798 |
| Advance Audiology | 02 9476 8820 |
| Allen Fisher Acoustics | 02 9476 0002 |

| Region | Phone |
|---|--------------|
| Applied Audiology Services | 02 4587 9999 |
| Benita Sarkin | 02 9388 7963 |
| Catherine Brown | 02 9247 2140 |
| Eastern Hearing | 0414 944 629 |
| Healthy Hearing & Balance Care | 02 9387 3599 |
| Hearing Consultants | 02 9427 9407 |
| Hearing Innovations | 02 9327 6611 |
| Jim Patrick Audiology Centre | 02 9872 0872 |
| AudioClinic | 02 9585 1717 |
| M.A.C. Audiology Service | 02 9874 9000 |
| Macarthur Audiology & Hearing Services | 024625 2224 |
| milliAmp Hearing | 02 9565 2521 |
| Northern Sydney Hearing | 02 9939 4399 |
| Northside Audiology | 02 9419 6999 |
| Patrick Yu | 02 9868 4575 |
| Paxton Barrand Hearing Aids | 02 9299 4855 |
| Precision Hearing | 02 9360 7779 |
| Sydney Adult and Childrens Ear Nose and Throat Centre | 02 9399 3039 |
| Westside Hearing Clinic | 02 9749 4444 |
| COUNTRY PRIVATE | |
| Albury Audio Diagnostics | 02 6023 1300 |
| Central West Audiology | 02 6362 1800 |
| AB Surgery | 02 6563 1244 |
| King Hearing Centre | 02 6652 1757 |

| Region | Phone |
|---|--------------|
| Laurette MacSween | 02 4963 1300 |
| Sue Slack | 02 4943 2030 |
| COCHLEAR IMPLANTS | |
| Cochlear Limited | 02 9428 6316 |
| First Sounds | 02 9351 7883 |
| SCIC (Sydney Cochlear Implant Centre) | 02 9844 6800 |
| SCIC Canberra | 02 6248 6492 |
| SCIC Newcastle | 02 4969 5340 |
| EDUCATION | |
| Catholic Education Office - Diocese of Parramatta | |
| Garfield Barwick School | 02 9683 6400 |
| Macquarie University | 02 9850 8746 |
| School of Communication Sciences and Disorders | 02 9351 9693 |
| The Shepherd Centre Canberra | 02 6288 5920 |
| The Shepherd Centre | 02 9351 7883 |
| OTHER - AUSTRALIAN HEARING | |
| Australian Hearing | 02 9412 6800 |
| National Acoustics Laboratories | 02 9412 6925 |
| Jan Davies | 02 9484 7514 |
| Gael Boon | 02 9144 6060 |



Student Support Coordinators (DET)

| Region | Phone | Fax |
|--|-----------------------|---------------------|
| Hunter/Central Coast Region (Newcastle) | Phone: (02) 4348 9100 | Fax: (02) 4904 3950 |
| Illawarra And South East Region (Queanbeyan) | Phone: (02) 6200 5000 | Fax: (02) 6299 0412 |
| New England Region (Tamworth Regional Office) | Phone: (02) 6776 4125 | Fax: (02) 6776 4145 |
| North Coast Region (North Coast Regional Office) | Phone: (02) 6671 2316 | Fax: (02) 6672 5192 |
| Northern Sydney Region (Hornsby) | Phone: (02) 9987 3932 | Fax: (02) 9987 3928 |
| South Western Sydney Region (Bankstown Regional Office) | Phone: (02) 9796 5446 | Fax: (02) 8713 6509 |
| Sydney Region (St Peters) | Phone: (02) 9582 5849 | Fax: (02) 9582 5899 |
| Riverina Region (Wagga Wagga) | Phone: (02) 6937 3813 | Fax: (02) 6937 3832 |
| Western Nsw Region (Bathurst Office) | Phone: (02) 6334 8203 | Fax: (02) 6332 1766 |
| Western Sydney Region (Kingswood TAFE Campus) | Phone: (02) 9208 9638 | Fax: (02) 9208 9300 |

AECG Regional Representatives

| Name | Region | Email |
|-------------------|-------------------|-------------------------------------|
| Michelle Doolan | Western I | |
| Maxine Mackay | Western II | maxine.mackay@dadhc.nsw.gov.au |
| Julie-Anne Philp | Western III | julie-anne.philip@det.nsw.edu.au |
| Carl McGrady | North West I | gordon.mcgrady@det.nsw.edu.au |
| Belinda Tully | North West II | cgirl@dodo.com.au |
| Deborah Cook | Upper North Coast | deborahcook35@yahoo.com.au |
| Robert Waters | Lower North Coast | robertwaters.1@det.nsw.edu.au |
| Harry Callaghan | Manning | ghinni_ghinni@hotmail.com |
| Rachel Small | Hunter | rachelsmall@hotmail.com |
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| Jeannie McKenny | Met.South West | |
| Helen Pussell | Upper South Coast | amin@vincentia-h.schools.nsw.edu.au |
| Kerry Boyenga | Lower South Coast | kerry.boyenga@det.nsw.edu.au |
| Deseleen Morgan | Riverina I | deseleen.morgan@det.nsw.edu.au |
| Amanda Johnson | Riverina III | amanda.johnson29@det.nsw.edu.au |
| Lesley Armstrong | Central Coast | abed@gorokan-high.nsw.edu.au |

Aboriginal Pre-Schools of NSW

| Pre-School | Local Health District | Phone | Email |
|---|-----------------------------|--------------|------------------------------------|
| Awabakal | HNELHD | 02 4956 9132 | Awabakal.pre-school@bigpond.com.au |
| Ballina Fox Street Pre-School | NNSWLHD | 02 6686 3340 | foxst@tpg.com.au |
| Bermagui Pre-School | SLHD | 02 6493 4183 | |
| Bland District Pre-School | WNSWLHD | 02 6972 2795 | council@blandshire.nsw.gov.au |
| Blinky Bill/Portland CCC | WNSWLHD | 02 6355 5833 | blinkycc@aapt.net.au |
| Bomaderry Pre-School | SESLHD | 02 44214034 | bomopreschool@bigfoot.com.au |
| Baradine Pre-School | WNSWLHD | 02 6843 1513 | |
| Bonalbo & District Pre-School (Cluster with Tabulam Preschool) | NNSWLHD | 02 6665 1440 | Not on-line |
| Binnaway Preschool | WNSWLHD | 02 6844 1569 | Not on-line |
| Bowraville Community Pre- School (Cluster with Giiguy Gamambi) | NNSWLHD | 02 6564 7657 | bowraville preschool@bigpond.com |
| Branxton Pre-School | HNELHD | 02 4938 1990 | branxtonpreschool@bigpond.com.au |
| Canowindra Pre-School | WNSWLHD | 02 6344 1261 | mu92610@bigpond.net.au |
| Collarenebri Pre-School Inc. | WNSWLHD | 02 6756 2093 | Not on-line |
| Condobolin Pre-School Kindergarten Inc. | WNSWLHD | 02 6895 2784 | condopreschool@bigpond.com |
| Coonamble Pre-School | WNSWLHD | 02 6822 1484 | cblepreschool@bigpond.com |
| Coolah Pre-School | WNSWLHD | 02 6377 1173 | cpki2843@bigpond.net.au |
| Coonabarabran Pre-School Centre Inc. | WNSWLHD | 02 6842 1236 | coonapre@bigpond.com |
| Coraki County Womans Association (Trading As Coraki Pre-School - Cluster with Jumbunna Community Pre- school and Early Intervention Centre Inc) | NNSWLHD | 02 6683 2549 | coraki preschool @bigpond.com |
| Dalaigur Pre-School | NNSWLHD | 02 6562 2763 | dalaigu@bigpond.net.au |
| Dandaloo Gayngil Pre-School | HNELHD | 07 4676 2507 | gayngil@yahoo.com.au |



| Pre-School | Local Health District | Phone | Email |
|--|-----------------------------|--------------|---|
| Dubbo & District Pre-School (Cluster with Dubbo West Preschool) | WNSWLHD | 02 6882 2691 | ddpreschool@bigpond.com.au |
| Dubbo West Pre-School Inc. | WNSWLHD | 02 6882 7144 | dwps2830@bigpond.com.au |
| Dunedoo Pre-School | WNSWLHD | 02 6375 1133 | dunedoopreschool@bigpond.com |
| Eden Creek/Fairymont Pre-School Inc (Cluster With Jumbunna Community Pre-school and Early Intervention Centre Inc) | NNSWLHD | 02 6632 1790 | fairymount2@bigpond.com |
| Eden Pre-School Kindergarten Association Inc. | SNSWLHD | 02 6496 1124 | edenpsk@netspeed.com.au |
| Forbes Pre-School | WNSWLHD | 02 6852 1040 | forbespsadmin@westserv.net.au |
| Gainmara Birrilee Pre-School | WNSWLHD | 02 6839 2311 | gainmarabirrilee@hotmail.com |
| Giiguy Gamambi Pre-School | NNSWLHD | 02 6569 4077 | giiguygamambi@bigpond.com |
| Gilgandra Pre-School | WNSWLHD | 02 6847 2330 | gilpreschool@exemail.com.au |
| Girrawong Pre-School | NNSWLHD | 02 6552 3880 | girrawongpreschool@tsn.cc |
| Goodooga Pre-School | WNSWLHD | 02 6829 6260 | |
| Goonallabah Pre-School | NNSWLHD | 02 6624 1422 | office.gps@bigpond.com |
| Grace Lutheran Pre-School | HNELHD | 02 6752 4198 | admin@glpschool.ngo.org.au |
| Great Lakes Children's Centre | NNSWLHD | 02 6554 7753 | admin@glcc.ngo.org.au |
| Grenfell Pre-School | WNSWLHD | 02 6343 1743 | grenfellpreschool@hotmail.com |
| Griffith Wiradjuri Pre-School Inc | WNSWLHD | 02 6962 2106 | wirradj@bigpond.net.au |
| Gudga-Ga Nura Aboriginal Pre-School Inc. | SNSWLHD | 02 4474 5299 | |
| Gulargambone Pre-School | WNSWLHD | 02 6825 1280 | gularpreschool@hotmail.com |
| Gummyaney Pre-School | NNSWLHD | 02 6642 2048 | gummy@bigpond.net.au |
| Gumnut House | WNSWLHD | 02 6352 1700 | directorgumnut@aanet.com.au |
| Gunnedah Pre-School Kindergarten | HNELHD | 02 6742 1002 | gunnedahpre@northnet.com.au |
| Gyndarna Pre-School Inc. | WNSWLHD | 03 5027 4333 | gyndarn@bigpond.net.au |
| Illawarra Aboriginal Corporation (Trading As Winnaggay Pre-School) | SESLHD | 02 4228 1585 | noogaleek@bigpond.com |
| Inverell District Family Services (Trading as Kindamindi Pre-School) | HNELHD | 02 6722 4038 | kindamindipreschool@hotmail.com bartlettcarol@ hotmail.com |



| Pre-School | Local Health District | Phone | Email |
|---|-----------------------------|--------------|--|
| Jack & Jill Pre-School | WNSWLHD | 02 6351 4347 | jjlithgo@bigpond.net |
| Jarjum Pre-School Inc. | NNSWLHD | 02 6621 9203 | jarjum@tpg.com.au |
| Jambunna Community Pre- School and Early Intervention Centre.Inc. | NNSWLHD | 02 6662 2866 | jumbunnaei@bigpond.com |
| Karuah Community Pre-School Inc (Cluster with Awabakal Pre-School) | HNELHD | 02 4997 5670 | karuahpreschool@bigpond.com |
| Kempsey South Pre-School | NNSWLHD | 02 6562 8002 | skpresc@bigpond.com |
| Koolyangarra Pre-School Aboriginal Corporation | WNSWLHD | 02 6828 1759 | Koolyangarra 2832 @bigpond.com |
| Koori Kindermanna | SNSWLHD | 02 6025 3475 | |
| KU Childrens Services | SESLHD | 02 9268 3921 | Gisella.wilson@ku.com.au childrensservices@ku.com.au |
| Kulai Pre-School Aboriginal Corporation | NNSWLHD | 02 6652 4337 | kulaipreschool@aapt.net.au |
| Lake Cargelligo Pre-School | WNSWLHD | 02 6898 1339 | lakepreschool@bigpond.com |
| Lightning Ridge Pre-School Centre | WNSWLHD | 02 6829 0626 | admin@ridgepreschool.ngo.org.au |
| Little Yuin Aboriginal Pre-School | SNSWLHD | 02 4473 7396 | littleyuin@bigpond.com.au |
| Lismore Pre-School | NNSWLHD | 02 6621 5428 | lisprkinder@bigpond.com |
| Lithgow Rural Multipurpose Childcare | WNSWLHD | 02 6352 1700 | gumnut.info@aanet.com.au |
| Lyrebird Pre-School Kindergarten | SNSWLHD | 02 4421 4604 | lyrepre@bigpond.net.au |
| Maclean Community Pre-School | NNSWLHD | 02 6645 2213 | macpre@zcts.net |
| Mendooran Pre-School | WNSWLHD | 02 6886 1167 | Not on line |
| Menindee Children's Centre | WNSWLHD | 08 8091 4246 | preschool@menindee.org |
| Mindaribba Pre-School | HNELHD | 02 4934 8511 | mindakids@bigpond.com |
| Minimbah Pre-School | HNELHD | 02 6772 4853 | dotpreminimbah@optusnet.com.au |
| Minindi Community Pre-School (Cluster with Wee Waa and District Pre-School) | WNSWLHD | | |
| Molong & District Pre-School | WNSWLHD | 02 6366 8475 | Mdp5@bigpond.net.au |
| Mungindi Community Pre-School | HNELHD | 02 6753 2220 | |
| Murawina Ltd | SESLHD | 02 9319 4566 | murawinaredfern@bigpond.com |

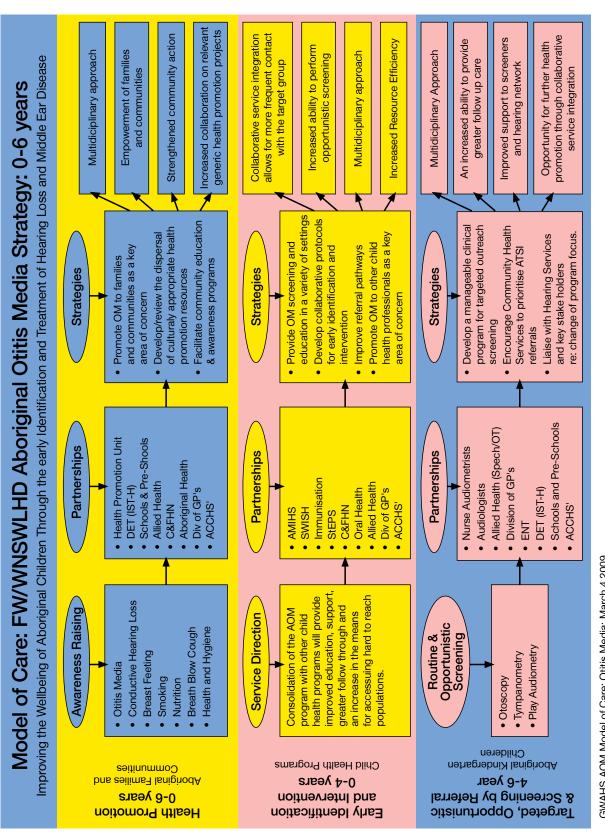


| Pre-School | Local Health District | Phone | Email |
|--|-----------------------------|--------------|-----------------------------------|
| Boori Pre-School | SNSWLHD | 02 44218855 | murrang@bigpond.net.au |
| Murrin Bridge Pre-School | WNSWLHD | 02 6898 1686 | murrinbridgepreschool@bigpond.com |
| Nanima Pre-School Assoc. Inc. | WNSWLHD | 02 6845 2436 | nanpre@well-com.net.au |
| Narromine Pre-School Kindergarten | WNSWLHD | 02 6889 1795 | narrominepreschool@bigpond.com |
| Northern Roads Activity Van | HNELHD | 02 6722 4038 | |
| Nyngan Pre-School | WNSWLHD | 02 6832 1460 | nynpre@bigpond.com.au |
| Oberon Children's Centre | WNSWLHD | 02 6336 1310 | occ@lisp.com.au |
| Orange Pre-School Kindergarten | WNSWLHD | 02 6362 7616 | admin@orangepreschool.ngo.org.au |
| Ooranga Family Mobile Resource Unit Assoc. Inc. | HNELHD | 02 6742 0603 | ooranga@northnet.com.au |
| Orient Point Community Pre-School Inc. | SESLHD | 02 444 72505 | orientpointps@shoal.net.au |
| Parkes Early Childhood Centre | WNSWLHD | 02 6862 3500 | peccljf@bigpond.net.au |
| Peak Hill Pre-School Kindergarten Inc. | WNSWLHD | 02 6869 1655 | peakpre@hotmail.com |
| (Cluster with Narromine) | | | peakhill preschool@aapt.net.au |
| Pius X Aboriginal Corp-(Kiah Pre- School) (Cluster Coordinator) | HNELHD | 02 6752 8011 | kiah@piusx.com.au |
| Project Enrichment of Childhood Pre-School Bourke Inc. | WNSWLHD | 02 6872 2730 | peoc@auzzie.net |
| Quirindi Pre-School | HNELHD | 02 6746 1894 | |
| St Mary's Community Pre-School Inc (Cluster With Jumbunna Community Pre-School and Early Intervention Centre Inc) | HNELHD | 02 6662 1684 | marytots@bigpond.com |
| Shoalhaven Community Pre-School | SESLHD | 02 4421 2963 | shoalhavenpreschool@bigpond.com |
| Stuarts Point Pre-School | NNSWLHD | 02 6569 0844 | spps@optusnet.com |
| Tabulam & District Community Pre-School (Cluster Coordinator) | NNSWLHD | 02 6666 1344 | tabulampreschool@hotmail.com |
| Tenterfield Pre-School Kindergarten | HNELHD | 02 6736 1616 | |
| The Basin Pre-School | SESLHD | 02 4443 0000 | basinpreschool@bigpond.com |
| The Factory Community Centre (Trading As POETS Corner) | SESLHD | 02 9699 3175 | poetspreschool@the-factory.org.au |



| Pre-School | Local Health District | Phone | Email |
|---|-----------------------------|---------------------------------------|-----------------------------------|
| Tingha Pre-School | HNELHD | 02 6722 4038 | |
| Tooraweenah Pre-School | WNSWLHD | 02 6848 5314 – (Direcor: Joan – H) | Not online |
| Tottenham War Memorial Early Childhood | WNSWLHD | 02 6892 4230 | Tottenham@ccinternet.com |
| Trangie Pre-School Kindergarten Association | WNSWLHD | 02 6888 7296 | admin@trangiepreschool.ngo.org.au |
| Trinity Pre-School Kindergarten | WNSWLHD | 02 6362 6394 | trinityadmin@colourcity.com |
| Warren Pre-School Kindergarten Inc. | WNSWLHD | 02 6847 4826 | warrenpreschool@bigpond.com.au |
| Wee Waa and District Pre-School | HNELHD | 02 6795 4438 | weewaapreschool@northnet.com.au |
| Wentworth Pre-School | WNSWLHD | 03 5027 3067 | wentypre@bigpond.net.au |
| Werris Creek and District Pre-School | HNELHD | 02 6768 7004 | |
| West Bathurst Pre-School | WNSWLHD | 02 6331 5582 | westbxpreschool@bigpond.com |
| Winnanggay Pre-School | SESLHD | 02 4271 4098 | noogaleek@bigpond.com |
| Wunanbiri Pre School | SESLHD | 02 9319 5712 | wunanbiri@jabbawoki.com |
| Wollongbar Community Preschool (Cluster with Goonellabah Pre-School) | HNELHD | 02 6628 3800 | wcps@ceinternet.com.au |
| Woodenbong Pre-School Kindergarten Inc. (Cluster with Tabulum Pre-School) | HNELHD | 02 6635 1372 | preschool@netbay.com.au |
| Yamba Pre-School Kindergarten | NNSWLHD | 02 6646 2800 | yampre@jazi.net |
| Yeoval Preschool | WNSWLHD | 02 6846 4292 | yeovalpreschool@westnet.com.au |

Sample (Draft) Model – Far West/Western Local Health District



GWAHS AOM Model of Care: Otitis Media; March 4 2009.

